

# Pain at the Interface

Annual Pain Medicine Symposium 2019

Sunday April 28  
Kuala Lumpur, Malaysia

The Faculty of Pain Medicine (FPM) and the Scientific Meetings Committee warmly welcomes you to Kuala Lumpur and the Annual Pain Medicine Symposium (formerly known as the Refresher Course Day).

This symposium will be held on Sunday April 28, prior to the ANZCA ASM, at the beautiful Kuala Lumpur Convention Centre.

Our theme for the day is "Pain at the interface". We will explore the interface between pain medicine and other specialities, the co-morbid nature of chronic pain and how we can combine our care to optimise outcomes.

We welcome our two FPM international speakers Associate Professor Chad Brummett and Dr Lawrence Poree.

Chad Brummett is an Associate Professor at the University of Michigan where he is the Director of Pain Research and Director of Clinical Anaesthesia Research. He serves on the editorial boards for Anesthesiology, Regional Anesthesia and Pain Medicine. He is the Co-Director of the Opioid Prescribing Engagement Network (OPEN), which advocates appropriate opioid prescribing after surgery. He has also explored the impact of the extent of fibromyalgia through a novel scoring system on post-operative pain and opioid consumption.

Lawrence Poree is Clinical Professor and Director of the Neuromodulation Service, at the University of California Department of Anesthesia and Pain Management Center in San Francisco. He is editor of the North American Neuromodulation Society Newsletter and is on the editorial board for both Pain and Neuromodulation. He is on the board of directors for the California Society of Interventional Pain Physicians and the North American Neuromodulation Society.

Sessions will involve the interface between rheumatology, psychiatry, addiction and pain medicine. These sessions will explore the progression and management through the course of the patients' journey beyond initial referral. The day will end with case studies, which will illustrate the complexity of persistent pain at the interface.



**Dr Chris Orlikowski**  
FPM Annual Pain Medicine Symposium  
Scientific Convenor



## Organising Committee

Convenor  
**Dr Chris Orlikowski**  
Committee members  
**Dr Cameron Gourlay**  
**Dr Nina Loughman**

## Meeting venue

**Kuala Lumpur Convention Centre (KLCC)**  
Stall 7, Jalan Pinang, Kuala Lumpur City Centre, 50088 Kuala Lumpur, Malaysia  
+60 3-2333 2888

## Faculty Dinner

Lai Po Heen restaurant, at the Mandarin Oriental  
Kuala Lumpur City Centre, 50088 Kuala Lumpur, Federal Territory of Kuala Lumpur, Malaysia

### Lai Po Heen

Classic Cantonese cuisine in a beautifully elegant setting.

Specialising in classic Cantonese delicacies and dim sum specialities, guests can watch as chefs showcase their skills in an open kitchen.

Lai Po Heen is inspired by the great ancestral homes of 19th Century Chinese tycoons. The décor is simply stunning with high ceilings, ornate chandeliers and beautiful parquet flooring.

## Accommodation

A range of accommodation has been reserved. Please visit the ASM website [asm.anzca.edu.au](http://asm.anzca.edu.au) or page 54 of this registration brochure.

## ANZCA and FPM CPD program

This event is claimable by ANZCA and FPM CPD participants within the knowledge and skills category.

Lectures: one credit per hour.

Members will automatically have their attendance accredited to their CPD portfolio in June 2019.

*Note: Delegates who are not participants in the ANZCA and FPM CPD program should check with their respective colleges regarding CPD.*

## Register online

Please visit [www.asm.anzca.edu.au](http://www.asm.anzca.edu.au) to register for this event online.

Or contact the conference secretariat:

Eleni Koronakos  
Senior Events Officer  
[events@anzca.edu.au](mailto:events@anzca.edu.au)

## Invited speakers

### Associate Professor Chad Brummett (FPM ASM Visitor)

Associate Professor at the University of Michigan, Ann Arbor where he is the Director of both Pain and Clinical Anesthesia Research, United States.

### Dr Lawrence Poree (FPM Organising Committee Visitor)

Clinical Professor in the Department of Anesthesia at the University of California in San Francisco, USA where he serves as the director of the Neuromodulation Service, United States.

### Dr Hilton Francis

Specialist pain medicine physician, rheumatologist and director of pain service at Royal Hobart Hospital, Tasmania.

### Professor Marzida Mansor

Professor and Head of the Department of Anaesthesiology, Faculty of Medicine, University of Malaya, Kuala Lumpur, Malaysia.

### Dr James Yu

Specialist pain medicine physician and anaesthetist, director of Sydney Spine and Pain, New South Wales.

### Dr Nick Christelis

Specialist pain medicine physician, anaesthetist, director of Pain Specialists Australia, Victoria.

### Dr Jon Lane

Psychiatrist and forensic behavioural medicine specialist, lieutenant colonel Australian Army Reserve, PhD candidate University of Adelaide Centre for Traumatic Stress Studies, Tasmania.

### Dr Andrea Stimming

Psychiatrist and addiction medicine physician, Gold Coast Mental Health Service and Private Practice, Queensland.

### Dr Bruno Cayoun

Clinical Psychologist and principal developer of Mindfulness-integrated Cognitive Behaviour Therapy (MiCBT), Tasmania.



## Program

From 8am Registration

### Session 1: Fibromyalgia

**8.45-9am** Welcome, Dr Chris Orlikowski, Convenor

**9-9.30am** Evolution of fibromyalgia from a rheumatological perspective  
*Dr Hilton Francis*

**9.30-10am** Fibromyalgia: Discrete diagnosis or part of a larger continuum?  
*Associate Professor Chad Brummett*

**10-10.30am** Fibromyalgia from a Malaysian perspective  
*Professor Marzida Mansor*

**10.30-11am** Morning tea

### Session 2: Pain and neuromodulation

**11-11.30am** Latest evidence and new developments in spinal cord stimulation  
*Dr James Yu*

**11.30am-noon** Future developments in neuromodulation - what's on the horizon  
*Dr Lawrence Poree*

**12-12.30pm** Mastering the art of neuromodulation  
*Dr Nick Christelis*

**12.30-1.30pm** Lunch

### Session 3: Chronic pain at the interface: What happens down the road with mental health issues

**1.30-2pm** PTSD and chronic pain basics: functional aspects of how, why and what you can do for your patients with this mix  
*Dr Jon Lane*

**2-2.30pm** Addictions, persistent pain and treatment of opioid use disorder  
*Dr Andrea Stimming*

**2.30-3pm** Rationale, process and benefits of mindfulness-integrated cognitive behaviour therapy as adjunct treatment  
*Dr Bruno Cayoun*

**3-3.30pm** Afternoon tea

### Session 4: Pain, drugs, drama and tears - where do we go?

**3.30-5pm** Moderated by Dr Cameron Gourlay  
Panel:  
Dr Hilton Francis  
Dr Andrea Stimming  
Dr Jon Lane

**7pm** Faculty dinner, Lai Po Heen restaurant

*Correct at time of printing.  
Please visit [asm.anzca.edu.au](http://asm.anzca.edu.au) or the Virtual ASM for updated information.*