

Faculty of Pain Medicine

Since its formation in 1998, the Faculty of Pain Medicine (FPM) has grown into an organisation with more than 300 Fellows in Australia and New Zealand.

In 2012 FPM developed its Strategic Plan 2013-2017 which is based around our mission and vision, and three strategic priorities.

The Faculty arrives in 2013 with a strong foundation through the hard work and dedication of its boards and members.

Highlights

- Phase 1 of FPM Curriculum Redesign Project 2015 completed, including a proposed new curriculum framework.
- Completed Australian Medical Council Australian Medical Council processes for re-accreditation, including a submission and consultations.
- Successful application for specialty recognition of pain medicine in New Zealand.
- Successful development and launch of a GP Online Education Program on pain management in collaboration with the Royal Australian College of General Practitioners (RACGP) and funded by a \$A200,000 grant from the Bupa Health Foundation.
- Development and launch of the FPM Strategic Plan 2013-2017.
- Contribution to policy submissions by ANZCA to authorities in Australia and New Zealand.
- Successful regional representation in NSW towards the NSW Pain Management Plan that has allocated \$26 million of funding over four years.
- As part of this plan, \$300,000 of annual recurrent funding has been allocated to support the benchmarking of outcomes in chronic pain across NSW via the electronic Persistent Pain Outcomes Collaboration (ePPOC). A two-year pilot study will commence in NSW in 2013 with this funding.
- Successful delivery of a comprehensive FPM continuing medical education (CME) program including the refresher course day and annual scientific meeting programs in Perth, the spring meeting in Coolumb and regional CME events.
- Contributed funding and representation to PainAustralia to support the implementation of the National Pain Strategy recommendations.
- Expansion of the educational podcast library for FPM Fellows and trainees.
- Widespread media coverage and publicity for pain medicine and FPM.

FPM Board and committees

Dr David Jones stepped down as dean of the Faculty in May 2012 following his two-year tenure and retired from the board after representing New Zealand Fellows since 1998. Past deans and inaugural board members Dr Penny Briscoe and Associate Professor Leigh Atkinson also retired from the board. Dr Carolyn Arnold and Dr Guy Bashford resigned from the board in May having served for six years and three years respectively.

In May 2012, Dr Ray Garrick FRACP (NSW), Dr Michael Vagg FAFRM (RACP) (Vic) and Dr Andrew Zacest FRACS (SA) were elected unopposed in accordance with FPM regulations 1.1.3 and 1.1.4. A postal ballot was conducted in April for the three remaining places. Dr Meredith Craigie FANZCA (SA), Dr Dilip Kapur FANZCA (SA) and Dr Melissa Viney FANZCA (Vic) were successful.

Associate Professor Brendan Moore, FANZCA was elected as dean and Professor Ted Shipton, FANZCA as vice-dean. Professor Stephan Schug (FANZCA) and Dr Kieran Davis, FRCA were again co-opted to the board as Western Australian and North Island of New Zealand representatives respectively. Dr David Scott was welcomed to the board as ANZCA Council representative replacing Dr Lindy Roberts.

FPM Board, opposite page, back row from left: Dr Chris Hayes, Dr Frank New, Associate Professor Andrew Zacest, Dr Dilip Kapur, Associate Professor Ray Garrick, Ms Helen Morris (General Manager); front row from left: Dr Kieran Davis, Dr Michael Vagg, Professor Ted Shipton (Vice-Dean), Associate Professor Brendan Moore (Dean), Associate Professor David Scott, Dr Meredith Craigie, Professor Stephan Schug. Absent: Dr Melissa Viney.



FPM Board

Associate Professor Brendan J Moore, FANZCA (Dean, Chair, Relationships Portfolio), Qld.

Professor Edward A Shipton, FANZCA (Chair, Trainee Affairs Portfolio, Chair, Education Committee, Chair, Curriculum Redesign Sub-Committee), New Zealand.

Dr Meredith Craigie, FANZCA (Chair, Examination Committee), SA.

Dr Kieran Davis, FRCA (co-opted North Island of NZ representative, assistant assessor), NZ.

Dr Raymond Garrick, FRACP, NSW.

Dr Christopher Hayes, FANZCA (Chair, Fellowship Affairs Portfolio, Chair, Research Committee), NSW.

Dr Dilip Kapur, FANZCA (Chair, Resources Portfolio, treasurer, assistant assessor), SA.

Dr Frank J New, FRANZCP (assessor), Qld.

Dr Stephan Schug, FANZCA (co-opted WA representative), WA.

Dr David A Scott, FANZCA (co-opted council representative), Vic.

Dr Michael Vagg, FAFRM (RACP) (Chair, Continuing Professional Development Committee), Vic.

Dr Melissa Viney, FANZCA (Chair, Training Unit Accreditation Committee, Vic.

Associate Professor Andrew Zacest, FRACS, SA.

Board committees

The principal committees of the board are:

- Executive Committee.
- Education Committee.
- Examination Committee.
- Training Unit Accreditation Committee.
- Continuing Professional Development Committee.
- Research Committee.

Sub-committees

- Curriculum Redesign Sub-Committee (Education Committee).
- Supervisors of Training Sub-Committee (Education Committee).

Following on from the development of committee terms of reference in 2011, terms of reference for the board and senior officers were developed as part of an extensive project covering all College committees and roles. These can be found on the FPM website at: www.fpm.anzca.edu.au/about-fpm/committees.

(continued next page)

Faculty of Pain Medicine (continued)

Relationships Portfolio

Relationships

Liaison with colleges

The Faculty continued to establish and maintain links with participating and other colleges.

Australian and New Zealand College of Anaesthetists

The ANZCA President, Dr Lindy Roberts, and CEO, Ms Linda Sorrell, have a standing invitation to FPM Board meetings. Associate Professor David A Scott was nominated as ANZCA Council's representative to the board in May and was welcomed at the August board meeting. The Faculty continued to have representation on most ANZCA committees and functions.

ANZCA and the Faculty collaborated closely on the development and consultation processes of their respective strategic plans and submissions to the Australian Medical Council for reaccreditation in 2012.

ANZCA's Policy and Communications units provided support in co-ordinating the Faculty's strategic planning and consultation processes in alignment with ANZCA's. The Policy unit also co-ordinates Faculty contributions to an increasing number of submissions.

ANZCA's Education Development Unit continued to provide support and resources to the Faculty, including educational expertise in the development of the Faculty's curriculum redesign project, access to teacher and examiner training programs and e-learning resource development.

ANZCA's Fellowship Affairs unit support included:

- Management of Fellows' participation in the ANZCA/FPM CPD Program.
- Organisation of the FPM annual spring meeting.
- Organisation of FPM component to the annual scientific meeting.

The board endorsed the *ANZCA Policy on Bullying Discrimination and Harassment for Fellows and Trainees Acting on Behalf of the College or Undertaking College Functions*.

Australasian Faculty of Rehabilitation Medicine (Royal Australasian College of Physicians)

Dr Stephan de Graaff, Australasian Faculty of Rehabilitation Medicine (AFRM) president-elect and chair of the Policy and Advocacy Committee met with the board in October and offered useful advice for advancing the FPM electronic Persistent Pain Outcomes Collaboration initiative, based on the AFRM's experience. The AFRM generously provided ongoing access to FPM trainees to their Bi-National Training Program (BNTP) sessions relevant to their training. Faculty trainees continued to take advantage of this opportunity.

Royal Australasian College of Surgeons

The highlight for the Royal Australasian College of Surgeons (RACS) Pain Medicine section was its involvement in the 2012 RACS Annual Scientific Congress (ASC) program. Associate Professor Zacest, chair of the RACS Pain Medicine section, was invited to observe the February 2012 board meeting and was elected to the board in May.

Royal Australian and New Zealand College of Psychiatrists

Psychiatrist Fellows continue involvement in all Faculty of Pain Medicine activities, both clinical and organisational. They correspond and meet regularly, and have more recently begun involving psychiatrists who are not FPM Fellows in these communications, with a view to promoting their interest in pain medicine while also supporting their clinical involvement with pain patients, nationally and internationally.

Royal Australian College of General Practitioners

The new GP Online educational program, a collaboration between FPM, the Royal Australian College of General Practitioners (RACGP) and the Bupa Health Foundation, was successfully delivered in 2012 and launched at both the FPM Spring Meeting in Cooloom in September, and at the RACGP GP12 meeting on the Gold Coast in October. This new program will ensure healthcare providers have access to the best available evidence in cross-practice pain management, resulting in better outcomes for patients.

Australian Pain Society/New Zealand Pain Society

Regular quarterly teleconferences with the Australian Pain Society (APS) and New Zealand Pain Society (NZPS) continued in 2012 to share information and co-ordinate activities, especially educational events. Dr Chris Hayes was nominated as FPM Board representative to the APS Relationships and Communications Committee, replacing Dr Penny Briscoe.

The three organisations collaborated to develop a poster for launch of the IASP Global Year Against Visceral Pain on October 15. The Australian and New Zealand pain societies also collaborated in the electronic Persistent Pain Outcomes Collaboration (ePPOC) referred to elsewhere in this report.

Australian and New Zealand Tripartite Anaesthetic Data Committee (ANZTADC)

The board supported inclusion of reporting pain management-related complications and incidents, aimed at improving practice. The pathway for Fellows to notify such incidents is under investigation with ANZTADC and Fellows encouraged to submit data via the WebAIRS anaesthetic-incident reporting system.

Royal Australian and New Zealand College of Obstetricians and Gynaecologists

Dr Rupert Sherwood, President of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG), met with the board in February to explore areas for collaboration and opportunities to include pain medicine in the RANZCOG curriculum training and practice.

In 2012, FPM Fellow, Dr Susan Evans published an article, *Pelvic Pain – An E-booklet for Women, Girls and Families*, which has been widely distributed. Former FPM dean Associate Professor Roger Goucke and FPM Fellow Dr Tim Pavy, co-authored a review article published in the *Australian and New Zealand Journal of Obstetrics and Gynaecology* in December 2012, "Persistent pelvic pain: rising to the challenge". An editorial, "Chronic pelvic pain in Australia and New Zealand", by Dr Evans, accompanied this article. The *Pelvic Pain Report* released in 2012, written

by the Pelvic Pain Steering Committee and endorsed by the FPM and PainAustralia, is an initiative to address human and fiscal burdens associated with conditions causing pelvic pain and aimed to provide solutions to improve women's health services and outcomes.

Australian Rheumatology Association

The Australian Rheumatology Association (ARA) President, Associate Professor Sue Piper, met with the board in August to discuss opportunities for collaboration between the two organisations, including the potential for collaboration on a future spring meeting.

Corporate Affairs

Strategic planning

A number of initiatives relating to the Faculty's 2010-2012 Strategic Plan were advanced in 2012 and are included elsewhere in this report:

In 2012, an updated strategic plan for 2013-2017 was developed in alignment with ANZCA's planning process and launched at the Faculty's Spring Meeting in Cooloom. Strategic planning workshops were held in February and May. A project plan and a consultation and communications were developed and the consultation process commenced with the CEO meeting FPM regional chairs in conjunction with visits to ANZCA regions during February and March. External stakeholders were invited to comment and their feedback was considered at the May workshop. A summary of responses from the consultation process with key stakeholders helped identify strategic goals for FPM to 2017.

Arising from the workshops and consultations, the Faculty's driving aim for 2013-2017 is "building strength". Key pillars of the strategy will be to:

- Build fellowship and the Faculty.
- Build the curriculum and knowledge.
- Build advocacy and access.

The Faculty shares the College's mission "to serve the community by fostering safety and high quality patient care in anaesthesia, perioperative medicine and pain medicine". The vision for the FPM is "to reduce the burden of pain in society through education, advocacy, training and research".

National Pain Strategy

A key pillar of the Faculty's strategic plan is to build advocacy and access through collaborative initiatives with PainAustralia and the pain societies. The College and Faculty are a Category A member of PainAustralia with a seat on its board.

A combined breakfast meeting of the boards of the Faculty, the Australian Pain Society (APS) and PainAustralia was convened during the APS ASM in March. A further meeting in Cooloom in October brought together key representatives of the APS, NZPS, PainAustralia, FPM and ANZCA to discuss opportunities for closer collaboration to progress the implementation of the National Pain Strategy.

Regional committees Western Australia

Dr John Akers chaired two FPM WA Regional Committee meetings in 2012. The impact of the expansion of WA Health on the anaesthetic trainee and fellowship positions was discussed and Dr Moutaz Burwaiss presented to the committee on opioid use at Sir Charles Gairdner Hospital.

New South Wales

The FPM NSW Regional Committee held elections in 2012. The committee is chaired by Dr Charles Brooker and retains a multidisciplinary membership. A continuing medical education evening was a success with an excellent talk on surgical management of back pain by Dr Jonathon Ball, head of neurosurgery at Royal North Shore Hospital presenting. The Department of Health gave permission via the Faculty for departments in NSW to advertise for Fellow positions early, which is a positive development.

A highlight of the year in NSW was the announcement of the NSW Pain Plan, including funding for clinical care, education and research. Dr Paul Wrigley and Dr Chris Hayes, both committee members, were prominent figures in the NSW Agency for Clinical Innovation (ACI) discussions leading to this outcome. Several other committee members and other fellows were involved in the implementation of the plan and many

other NSW Fellows are involved with the various working groups within the ACI pain management network. The NSW Pain Plan will result in the development of several new pain management clinics in NSW under supervision of existing teaching departments.

The local training program continued to develop, co-ordinated by Dr Paul Wrigley. Many other fellows generously contributed to co-ordination of the program.

Queensland

The Queensland Regional Committee of the Faculty of Pain Medicine, chaired by Dr Mark Tadros, continued to grow and provide an active program in support of members within the state. The committee also continued to develop the links between interest groups within the scientific community.

The region again convened the Faculty's pre-examination short course in Brisbane in September with 29 candidates registered from Australia and overseas. This three-day course continues to improve through the dedication and commitment of the Fellows who co-ordinate it.

The continuing medical education evenings hosted by the Queensland branch have seen a range of stimulating evenings this year. The meetings were well attended and provoked discussion and interest.

Two members – Professor Leigh Atkinson and Professor Arthur Duggan – retired from the committee in 2012. Both are thanked publicly and sincerely for their efforts and contributions in support of the Faculty.

(continued next page)

Faculty of Pain Medicine (continued)

South Australia

The interim committee, which had been active since November 2010, was phased out in February 2012 and replaced by an elected committee, with Dr Graham Wright as chair. Meetings were held in February, July and November. Michelle Gully has provided support to the committee. Each meeting has followed the format of: committee meeting, followed by a simple meal and then an education section. Standard items on the agenda have been reshaped to reflect the Faculty's strategic plan. The fellowship has maintained a policy of not accepting sponsorship for meetings. February 2012 was a combined meeting with the Australasian Chapter of Addiction Medicine, on the topic of opioid hazards and opioid reduction, with presentations from Dr Dilip Kapur from the Faculty, and Chris Holmwood from the Chapter of Addiction Medicine. In July, neurosurgeons Associate Professor Andrew Zacest and Mr Y H Yau gave presentations on the place of spinal surgery in the context of chronic pain and workers compensation. In November, psychiatrists Dr Peter Herriot and Dr Tony Davis presented on antidepressants in pain medicine, and psychopathology in chronic pain.

Victoria

The FPM Victorian Regional Committee is now established with roles being finalised following a committee meeting held in June 2012. Professor Robert Helme was nominated chair, Dr Diarmuid McCoy as vice-chair and Dr Clayton Thomas as the education meeting officer (for full membership please see the Faculty website: www.fpm.anzca.edu.au/about-fpm/committees/victorian-regional-committee.html)

Dr Thomas organised a continuing medical education event, 'What should we do in Melbourne? Lessons from Milan', which was held on October 31 at the ANZCA head office. The meeting was a great success with a high attendance from Faculty Fellows and trainees and great input and discussion from all involved. Topics included the new International Association for the Study of Pain (IASP) definition and grading system

for neuropathic pain, gabapentinoid abuse, pain in older people, interventional therapies and facilitating return to work.

Dr Michael Vagg, as FPM scientific convenor, has prepared an exciting program for both the Refresher Course Day and Annual Scientific Meeting to be held in May 2013. The regional committee intends to meet with the directors from Victoria at the time of the meeting to discuss matters of mutual interest.

Support for developing countries

The Essential Pain Management (EPM) program, initiated by former FPM dean Dr Roger Goucke and Dr Wayne Morris, has now been widely delivered throughout the Pacific Islands and has been translated into Vietnamese, Mongolian and Spanish with consideration for translating into Swahili. This endeavour reflects positively on the international profile of both the FPM and ANZCA.

Communications

Publications

The Faculty circulates the bi-monthly e-newsletter *Synapse*, the *Training E-newsletter* and contribute to the *ANZCA E-Newsletter* and the *ANZCA Bulletin*.

Publicity for pain medicine and FPM

The Faculty continued to work closely with the ANZCA Communications Unit as part of the College's communication program. In 2012 there were 18 media releases distributed relating to pain medicine. The highlights included:

FPM Spring Meeting

Two media releases were issued for the FPM Spring Meeting – one looking at a proposal for urine and drug screening of chronic pain patients and another highlighting that children with chronic pain miss out on services and treatment. These releases generated more than 200 media reports accessed by more than 3.3 million people.

Global Year Against Visceral Pain

FPM Fellows Dr Susan Evans and Dr Thierry Vancaillie worked with the ANZCA Communications Unit to produce a media release titled 'Pelvic pain: the last of the modern taboos' to help publicise the Global Year Against Visceral Pain.

Seven media reports resulted from this release, with coverage reaching a potential audience of nearly 30,000 people.

2012 Annual Scientific Meeting and Refresher Course Day

The FPM stream at the Perth ASM and Refresher Course Day were promoted to the media with the highlights being FPM Fellow Dr Bob Large talking about hypnosis and pain management; US-based ANZCA ASM Visitor Professor Ruth Landau talking about the role of oxytocin in pain relief; and Fremantle pain specialist Dr Stephanie Davies outlining the success of the STEPS (Self-Training Educative Pain Sessions) program in helping patients self-manage their pain. These stories alone generated 97 media reports, accessed by an estimated 2.7 million people.

Other highlights

Media releases were also issued to publicise a meeting at ANZCA House where medical experts with a broad range of experience in the use of opioids for pain relief sought a consensus view on the prescribing of opioids (generating 12 media reports for a potential audience of 261,036); a study looking at whether redheads feel more pain (potential audience 1.56 million, 50 media reports); and a paper written by FPM Fellows Associate Professor Milton Cohen and Dr John Quintner, which urged health professionals to have greater empathy for patients (potential audience 10,700, nine media reports).

Trainee Affairs Portfolio

Education

FPM Curriculum Redesign Project

Substantial progress was made toward developing the new curriculum for implementation in 2015. Phase 1 of the project was completed including the curriculum framework and accompanying program, for the training of junior specialist pain medicine physicians. Project information videos were developed and published on the FPM website in advance of webinars and face-to-face regional forums early in 2013 intended to give Fellows and trainees the opportunity to provide feedback. Phases 2 and 3 of the project will be advanced in 2013 and 2014 including content development, training design and change management.

Supervisors of training

A supervisors of training workshop was convened in Perth in May, focusing on the examination, revised clinical case study requirements and the Curriculum Redesign Project. Faculty Supervisors continued to have full access to basic and advanced ANZCA Teacher Courses.

Training agreement

A revised training agreement was developed and circulated to current trainees in 2012

International medical graduates

In March, the Faculty received its first international medical graduate specialist (IMGS) application for assessment in the field of pain medicine. Subsequently the Faculty formed an IMGS Working Group, including representation from the ANZCA IMGS Committee and manager IMGS to review ANZCA regulation 23 with a view to the Faculty adapting this regulation in the development of Faculty processes. The group will also develop criteria for assessment of primary specialist qualifications from international jurisdictions for the board's consideration.

Medical student prize

The Faculty continued its annual prize for the best medical student in pain medicine in either of the final two years of undergraduate medical training. As the reputation of the prize has expanded, several medical schools (Adelaide, Auckland, Deakin, Newcastle, Notre Dame, Otago, Sydney and Wollongong) have accepted the invitation to participate. The prize was awarded in December 2012 to Liam Marsden Back from the bachelor of medicine - joint medical program, University of Newcastle.

E-learning resources

The Faculty's podcast library, available at www.fpm.anzca.edu.au/resources/e-learning-resources, was expanded with presentations on:

Dr Meredith Craigie
FPM examination (updated)

Dr Greta Palmer
Acute pain management in children

Dr Lindy Roberts

Acute pain management in opioid-tolerant patients: a growing challenge

Professor Stephan Schug
Mechanisms of neuropathic pain

Professor Stephan Schug
Treatment of neuropathic pain

Professor Maree Smith
Opioid receptors

Examinations

2012 examination

The first Faculty of Pain Medicine examination to be convened outside of Australia was held in November 2012 at the Starship Children's Health and Auckland City Hospital, Auckland. Twenty-eight candidates sat the exam; 22 were successful, giving a pass rate of 78.6 per cent. The examination report is available on the Faculty website. Local observer Dr Michel Kluger and new FPM examiner observers, Dr Clayton Thomas and Associate Professor Andrew Zacest, provided valuable feedback on the examination processes.

From 2013 the written component of the FPM examination will be held separately from the clinical examinations.

Examiners appointments

There were seven new appointments to the panel. Four examiners were reappointed to the examination panel for a further three-year period. There was one resignation from the panel. This takes the examination panel to 36 (FANZCA – 22, FRACP – two, FRACS – three, FAFRM (RACP) – five, FRANZCP – three, PhD - one).

Short courses

Specialist Pain Medicine Physician Preparation Course, Geelong

Geelong Hospital held its annual pre-examination short course for all FPM trainees from March 17-18, 2012. This two-day course focused on introducing trainees to the philosophy and practice of pain medicine including topics such as how the Faculty evolved; examination structure; the governance surrounding the examination process and timetable of the exam.

Pre-Examination Short Course

The annual Pre-Examination Short Course gives intensive exposure to selected topics in pain medicine and to examination technique. The FPM Queensland Regional Committee once again convened this event in 2012 with 29 trainees in attendance. The convenors have identified further opportunities to enhance the course for 2013.

Training Unit Accreditation

In 2012, Townsville Hospital (Qld), Royal North Shore Hospital (NSW), Concord Repatriation General Hospital (NSW), Royal Children's Hospital (Vic), Flinders Medical Centre (SA), Kowloon East Cluster Pain Management Centre (Hong Kong) and St Vincent's Hospital (NSW) were approved for continued accreditation. Following an initial review, The Gold Coast Hospital Interdisciplinary Persistent Pain Centre (Qld) was also accredited for pain medicine training.

Faculty professional document *PM2: Guidelines for Units Offering Training in Multidisciplinary Pain Medicine* was revised in 2012 to include criteria for Tier 2 accreditation for units unable to satisfy all criteria set out in FPM professional document *PM2: Guidelines for Units Offering Training in Multidisciplinary Pain Medicine*, but still with the capacity to be of significant benefit to a trainee. A maximum of six months training can be spent by a trainee in a Tier 2 unit. The Peter MacCallum Cancer Centre (Vic) and the Melbourne Pain Group subsequently underwent initial accreditation reviews and were approved for accreditation as Tier 2 units.

At the end of 2012, there were 29 accredited pain medicine training units in Australia, New Zealand, Hong Kong and Singapore.

(continued next page)

Faculty of Pain Medicine (continued)

Fellowship Affairs Portfolio Fellowship

In 2012, the number of Fellows reached 335, of whom 12 are honorary and 167 who were admitted through training and examination. Of the 315 active Fellows, 238 were based in Australia, 26 in New Zealand and 51 in other countries. Those whose primary specialty is anaesthesia make up 65 per cent of the fellowship.

Twenty-three Fellows were admitted to fellowship in 2012; 22 by training and examination, and one honorary Fellow. Although the majority of trainees continue to be anaesthetists by primary specialty, 2012 admissions included three rehabilitation physicians, one physician, one psychiatrist, one emergency medicine physician, one intensivist one primary care specialist.

Awards, prizes and honours

Professor Michael Cousins, AM (NSW) was awarded an honorary doctor of science, McMaster University in Ontario Canada.

Associate Professor Victor Callanan AM (Qld), was awarded the ANZCA Medal.

Dean's Prize

The Dean's Prize was not awarded in 2012.

Best Free Paper Award

The Best Free paper Award is awarded for original work judged to be the best contribution to the Free Paper session at the FPM ASM.

Dr Sarika Kumar (SA) "*Total and free ropivacaine drug levels during continuous Transversus Abdominis Plane (TAP) block for postoperative analgesia after abdominal surgery: A pilot study*".

Barbara Walker Prize

The Barbara Walker Prize is awarded to the candidate obtaining the highest marks in the pain medicine examination of at least 70 per cent.

Dr Meena Mittal (Vic)

Merit award

Merit award certificates recognise a pass with merit in the Faculty examination.

Dr Laurent Wallace (Qld)

Continuing Education and Quality Assurance

Scientific meetings

2012 Refresher Course Day and Annual Scientific Meeting – Perth

The Faculty's Refresher Course Day and ASM programs were a great success with more than 130 delegates and strong support from healthcare industry sponsors and exhibitors. Media coverage was widespread and the ASM e-newsletter was well received.

Dr Simon Tame, FANZCA, FFPMANZCA (NSW) was the FPM representative to the New Fellows' Conference and Dr Ray Garrick was the board representative to this event.

Annual Spring Meeting - Coolum

The 2012 Spring Meeting, 'From a ripple to a wave – the rising tides in pain medicine', convened by Associate Professor Leigh Atkinson and Associate Professor Brendan Moore, attracted more than 100 delegates. The well-received program included a launch of both the GP Online education initiative and FPM Strategic Plan 2013-2017.

Future meetings

Plans were advanced for the Faculty's 2013/2014 meeting program:

- 2013 Refresher Course Day and Annual Scientific Meeting, Melbourne, Vic – May 3-5. FPM ASM Visitor: Professor Edzard Ernst (UK) and FPM Victorian Visitor: Professor Fabrizio Benedetti (Italy).
- 2013 Spring Meeting, Byron Bay, NSW. International speaker being finalised.
- Dr Louise Brennan (Vic) and Dr Matthew Bryant (Qld) were confirmed as the FPM nominees to the 2013 New Fellows' conference. Dr Dilip Kapur will be the board representative to this event.

- 2014 Refresher Course Day and Annual Scientific Meeting, Singapore – May 4-8. FPM ASM Visitor: Professor Sean Mackey (USA) and FPM Singapore Visitor: Professor Jane Ballantyne (USA). Dr Kian Hian Tan (Singapore) was appointed co-FPM scientific convenor, to work with Dr Lewis Holford.

- Dr Gary Clothier was appointed FPM scientific convenor to the 2015 ASM in Adelaide.

- Dr Jane Thomas was appointed FPM scientific convenor to the 2016 ASM in Auckland.

Continued professional development

The Faculty of Pain Medicine (FPM) policy is that Fellows must complete either the continuing professional development (CPD) program of the College of their primary fellowship or the ANZCA/FPM CPD program. All completed CPD must be relevant to their individual scope of practice.

In 2012, the ANZCA/FPM CPD program became available for use via mobile smart phone devices, offering participants a tailored version of the existing desktop CPD portfolio. Accessing the CPD portfolio via smart phone browser will present participants with key features of the online CPD portfolio; with the ability to check current CPD status, enter popular CPD activities and generate relevant statements and/or certificates.

CPD participation

FPM	Total	New Zealand	Singapore	Hong Kong	Malaysia	Other overseas	Australia
FPM Fellows participating in the ANZCA CPD Program	200	24	9	11	1	25	130
FPM Fellows participating in an external CPD program	99	n/a	8	6	n/a	18	67

Research

The FPM Research Committee continued its focus on promoting a culture of research to its Fellows and trainees. Faculty Fellows were well represented in the ANZCA Research Awards for 2012. Of the 16 successful applications, three project grants were awarded to investigations with a pain focus:

- Associate Professor Philip Siddall (NSW) – 'Levels and associations of existential distress in people with persistent pain'.
- Dr Kelly Byrne (NZ) – 'Tramadol vs morphine for refractory postoperative pain in the recovery room'.
- Dr Dr Nolan McDonnell (WA) – 'Evaluation of the safety of intrathecal administration of magnesium sulphate in a sheep model'.

The St Jude Medical Research Award was awarded to Associate Professor Philip Siddall. The John Boyd Craig Research Award was awarded to Dr Nolan McDonnell. An academic enhancement grant was awarded to Professor Matthew Chan (HK) for 'Transcriptional regulation of chronic postsurgical pain'.

Professional

Specialty recognition of pain medicine in New Zealand

Recognition of pain medicine as a scope of practice in New Zealand by the Medical Council of New Zealand was welcome news after a lengthy application process. The new scope and its associated qualification (Fellowship of the Faculty of Pain Medicine of the Australian and New Zealand College of Anaesthetists – FFPMANZCA) came into effect on December 3. Accreditation was granted for a five-year period. This development is expected to lead to a growth of interest in the pain medicine specialty in New Zealand with consequent greater care for pain sufferers.

NSW Pain Management Plan/ePPOC

The Faculty provided successful regional representation in NSW towards the NSW Pain Management Plan that has allocated \$26 million of funding over four years to support the development of new pain management services in regional areas, enhance existing teaching, hospital services and support research into chronic pain.

As part of this plan, \$300,000 of annual recurrent funding has been allocated to support the benchmarking of outcomes in chronic pain across NSW via the electronic Persistent Pain Outcomes Collaboration (ePPOC). A two-year pilot study will commence in NSW in 2013 with this funding. Further planning of the national benchmarking process will continue collaboratively with FPM, Australian Pain Society and New Zealand Pain Society.

Online education for Allied Health Pain Management in Primary Care

In December, the Faculty made a submission to the Bupa Health Foundation for the development of online education for allied health pain management in primary care, building on the success of the joint RACGP/FPM initiative. A response to the submission is expected in April 2013.

Policy and government

The Faculty's director of professional affairs and general manager continued to work closely with the ANZCA Policy Unit with respect to policy development and strategy and liaison with government and related bodies.

AMC reaccreditation

As part of the re-accreditation of the College's training and continuing professional development programs, the Faculty provided a comprehensive submission to the Australian Medical Council (AMC) for ongoing accreditation at the end of March 2012. Following consideration of the submission, the AMC undertook consultations at the College offices and accredited training sites as well as undertaking a survey of key stakeholder groups. In December, the Faculty was advised by the AMC that its training program in pain medicine and its continuing professional development program had been granted accreditation to December 31, 2018.

Submissions

The Faculty contributed to over 20 submissions including:

- Australian Health Practitioners Regulation Agency (AHPRA) public consultation paper on the definition of practice.
- National Prescribing Service (NPS) prescribing competencies framework project core competencies to prescribe medicines safely and effectively.
- Medical Board of Australia – support for funding of external doctors' health programs.
- Health workforce Principal Committee – development of national criteria under the National Registration and Accreditation Scheme (NRAS) – April 2012.

(continued next page)

Faculty of Pain Medicine (continued)

- Medical Board of Australia – consultation on the board funding external doctors' health programs – April 2012.
- Department of Health and Ageing – evidence requirements for assessment of applications for the prostheses list: A discussion paper – February 2012.
- Deputy Director General, Governance, Workforce and Corporate – request for information to support NSW medical specialist modeling – March 2012.
- Health Workforce Australia – Pain Medicine Chapter – July 2012.
- Pharmaceutical Benefits Scheme – a review of current listings of opioids – August 2012.
- Therapeutic Goods Administration – proposed withdrawal of products containing dextropropoxyphene (DPP) – August 2012.
- Health Workforce Australia – Health Professionals Prescribing Pathway (HPPP) Australia – May 2012.
- AMC review of the approved accreditation standards for medical schools – August 2012.
- Pharmaceutical Benefits Advisory Committee – PBS access to gabapentin – August 2012.
- Royal Australian and New Zealand College of Radiologists Accreditation – September 2012.

Pharmaceutical Benefits Advisory Committee (PBAC)

Subsequent to the Faculty's May submission regarding PBS-subsidised opioids, we are advised of this being referred to the National Medicines Policy Committee, and that no changes were to be made to the PBS arrangements for the time being. The Faculty has indicated to the National Medicines Policy Committee its willingness to be further involved.

Increased rate of prescribing is not the only concern, but an increased mortality from prescription opioids (in times of heroin short supply) is emerging as a public health issue. Faculty representations have brought this to the attention of relevant authorities along with the development of strategies to deal with it.

A constructive dialogue with the PBAC has been established.

Opioid prescription tracking

In February 2012 the government announced the establishment of a national electronic records system to combat abuse of controlled drugs. Representations from the Faculty had been ongoing since at least 2007 in several professional and government agencies to recommend this type of real-time monitoring.

Grants

The Faculty received three new pain medicine training positions as part of the 2013 Specialist Training Program (STP) application round. This brings the total pain medicine positions being managed by the College to four. The STP unit has welcomed approaches during the year from Fellows and hospitals in the private sector and rural and regional areas seeking to expand pain medicine training capacity. The Faculty continues to benefit from the additional funding for expansion of the College's e-learning program and teacher training for rural and regional teachers.

Pain device implant register

Discussions commenced with statisticians at the Data Management and Analysis Centre (DMAC) at the University of Adelaide to advance development of a pain device implant register with a focus on implants and their performance.

Resources Portfolio

Pain Medicine Journal

Editorial and access relationships with the American Academy of Pain Medicine remain very satisfactory, with hard-copy and online access to the journal Pain Medicine included in Fellows' subscriptions. The Faculty's senior editor is active in editorial board conversations and Fellows contribute to editorial sections and increasingly via published papers

Staff

The Faculty employs four full-time administrative staff, a part-time director of professional affairs and a part-time education and training advisor and project support offer to advance the curriculum redesign project.

The FPM organisational chart is available at: www.fpm.anzca.edu.au/about-fpm/structure-and-governance

Finance

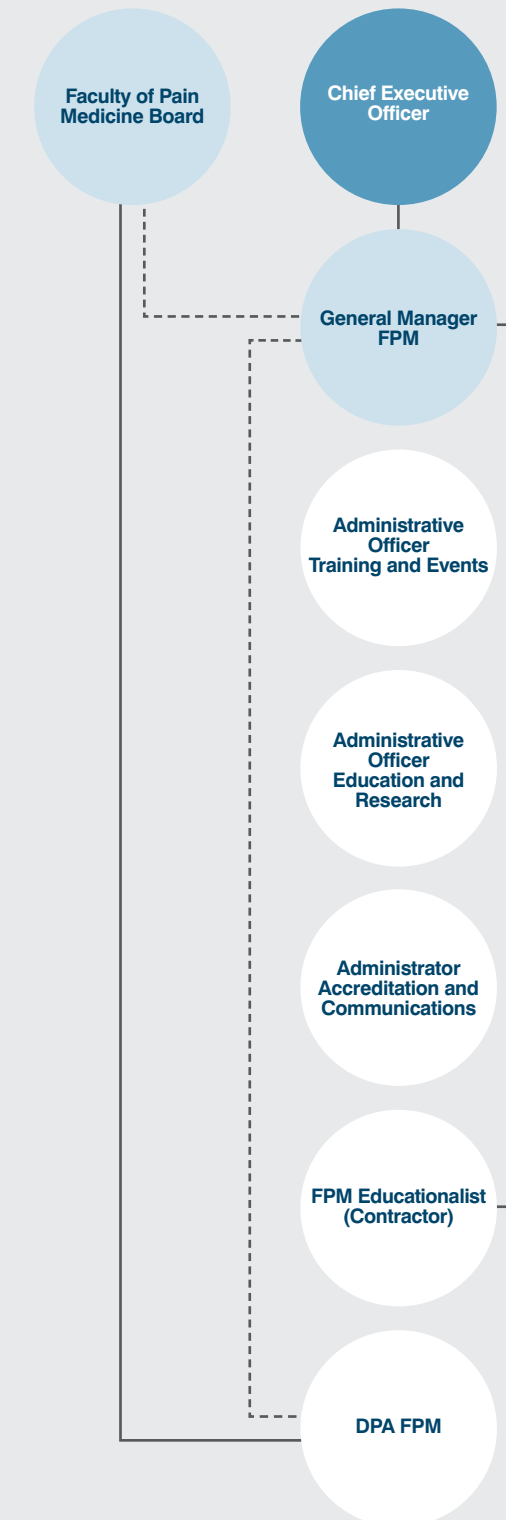
The 2013 budget was approved by the ANZCA Council to provide adequate funding to meet the requirements of expanding Faculty activities, including support for the Curriculum Redesign Project.

Associate Professor

Brendan Moore

Dean

FPM organisation chart





Faculty of Pain Medicine committees

Executive Committee

Dean/Chair, Relationships Portfolio (chair)	Associate Professor Brendan Moore (from May)
	Dr David Jones (until May)
Vice-Dean/Chair, Trainee Affairs Portfolio	Professor Ted Shipton
Vice-Dean/Chair, Fellowship Affairs Portfolio	Associate Professor Brendan Moore (until May)
Chair, Fellowship Affairs Portfolio	Dr Chris Hayes (from May)
Chair, Resources Portfolio	Associate Professor Leigh Atkinson (until May)
FPM General Manager	Ms Helen Morris

Education Committee

Chair (appointed by the board)	Professor Ted Shipton
Deputy Chair	Associate Professor Ray Garrick
Dean (ex officio)	Associate Professor Brendan Moore
Chair, Examination Committee	Dr Meredith Craigie
Supervisor, supervisors of training	Dr Melissa Viney (until August) Dr Faizur Noore (from August)
New Fellows representative	Dr Clifton Timmins (until May) Dr Jordan Wood (from May)
Director of Professional Affairs	Associate Professor Milton Cohen
ANZCA General Manager Education Development	Mr Oliver Jones

Members

Dr Anthony Davis (until January)
Dr Kieran Davis (from May)
Professor Stephan Schug
Professor Peter Teddy
Dr Jane Trinca
Dr Aston Wan
Dr Owen Williamson
Dr Paul Wrigley

Examination Committee

Chair (appointed by the board)	Dr Meredith Craigie
Deputy Chair	Dr Newman Harris
Dean	Dr David Jones (until May) Associate Professor Brendan Moore (from May)
Assessor	Dr Frank New
Education Committee representative	Professor Ted Shipton
New Fellows representative	Dr Simon Cohen (from June) Dr Max Sarma (until June)
Members	Dr Carolyn Arnold Associate Professor Leigh Atkinson Dr Penny Briscoe Associate Professor Ray Garrick Professor George Mendelson Dr Mark Tadros (until June) Dr Melissa Viney Associate Professor Andrew Zacest (from June)

Training Unit Accreditation Committee

Chair (appointed by the board)	Dr Melissa Viney (from May) Dr Carolyn Arnold (to May)
Deputy Chair	Dr Paul Gray
Assessor	Dr Frank New
Chair, Trainee Affairs Portfolio	Professor Ted Shipton (from October)
Members	Dr Carolyn Arnold Dr Matthew Crawford Dr David Gronow Dr Diarmuid McCoy Dr Gajinder Oberoi Dr Pauline Waites
Ex-officio	Associate Professor Brendan Moore

Continuing Professional Development Committee

Chair (appointed by the board)	Dr Guy Bashford (until May)
Chair (appointed by the board) /2013 ASM Convenor	Dr Michael Vagg
Scientific meeting officer	Associate Professor Leigh Atkinson
ASM officer	Dr Penelope Briscoe
2011 ASM convenor	Dr Phoon-Ping Chen (until May)
2012 ASM convenor	Dr Max Majedi (until May)
2014 ASM co-convenor	Dr Lewis Holford Dr Kian Hian Tan (from May)
2015 ASM convenor	Dr Gary Clothier
Members	Associate Professor Milton Cohen Associate Professor Pam Macintyre Dr Diarmuid McCoy (until May) Professor Stephan Schug (from May) Dr Geoffrey Speldewinde

Research Committee

Chair (appointed by the board)	Dr Chris Hayes
Senior editor, Pain Medicine (ex officio)	Associate Professor Milton Cohen
Members	Dr Carolyn Arnold Dr Guy Bashford Dr Paul Hardy (from November) Professor Julia Fleming Professor Colin Goodchild (until October) Dr Malcolm Hogg Dr Diarmuid McCoy (from May) Dr Tim Pavy Professor Stephan Schug Associate Professor Philip Siddall Professor Maree Smith Professor Andrew Somogyi Associate Professor Andrew Zacest (from May)

Mentoring Sub-Committee

Chair, Mentoring Sub-Committee	Dr Clif Timmins
Chair, Education Committee	Professor Ted Shipton
Members	Dr Duncan Wood Dr Jordan Wood

Faculty of Pain Medicine committees (continued)

Supervisor of Training Sub-Committee

Chair/Supervisor of supervisors of training	Dr Melissa Viney
	Dr Faizur Noore (from August)
Supervisors of training	Dr Timothy Brake
	Dr Richard Burstal (until February)
	Associate Professor Milton Cohen
	Dr Peter Cox (from November)
	Dr Jason Chou
	Dr Matthew Crawford
	Dr Leigh Dotchin
	Dr Porhan Kang
	Dr Charles Kim
	Dr Daniel Lee
	Dr David Lindholm
	Dr Max Majedi
	Professor Ben Marosszeky (until November)
	Dr Andrew Muir (until February)
	Dr Bridin Murnion
	Dr Chris Orlikowski
	Dr Dianne Pacey (until May)
	Dr Greta Palmer
	Dr Andrew Powell (from February)
	Dr Leah Power
	Dr Max Sarma
	Dr Timothy Semple
	Dr Glen Sheh
	Dr Scott Simpson
	Dr Michelle Tan
	Dr Jane Thomas
	Dr Eric Visser
	Dr Aston Wan (from February)
	Dr Bronwyn Williams
	Dr Paul Wrigley

Curriculum Revision Sub-Committee (formed in 2011)

Chair, Education Committee (chair)	Professor Ted Shipton
Director of Professional Affairs	Associate Professor Milton Cohen
Chair, Examinations Committee	Dr Meredith Craigie
Chair, Training Unit Accreditation Committee	Dr Melissa Viney
Supervisor, supervisors of training	Dr Faizur Noore (from August)
Trainee representative	Dr Harry Eeman Dr Ian Thong
Members	Associate Professor Ray Garrick Dr David Jones Dr Tobie Sacks Dr Jane Trinca Dr Milana Votrubec Dr Paul Wrigley (from October)

Regional Committees

Queensland Regional Committee

Chair	Dr Mark Tadros
Secretary	Dr Richard Pendleton
Treasurer	Dr Leigh Dotchin
CME co-ordinator	Dr Kathleen Cooke Dr Matthew Bryant
Co-opted <i>Transmitter</i> editor	Dr Arthur Duggan (until May) Dr Paul Gray
New Fellow representative	Dr Symon McCallum
Ex officio	Associate Professor Brendan Moore Dr Frank New Associate Professor Leigh Atkinson (until May)

New South Wales Regional Committee

Chair	Dr Charles Brooker
Deputy Chair	Dr Marc Russo
Secretary/treasurer	Dr Kok Khor Dr Lewis Holford Dr Glen Sheh Dr Paul Wrigley Dr David Gorman (until May)
New Fellow representative	Dr Renata Bazina
FPM representative to ANZCA NSW RC	Dr Gavin Pattullo
ACT FPM representative	Dr Geoff Speldewinde (from May)
Ex officio	Associate Professor Ray Garrick Dr Chris Hayes Dr Guy Bashford (until May)

Victorian Regional Committee

Chair	Professor Robert Helme
Deputy Chair	Dr Diarmuid McCoy
Education Meeting Officer	Dr Clayton Thomas
Representative on ANZCA VRC (ex-officio)	Dr Michael Vagg
New Fellows representative	Dr Louise Brennan Dr Corry De Neef Professor George Mendelson
Ex officio	Dr Melissa Viney

Western Australia Regional Committee

Chair	Dr John Akers
Secretary	Dr Donald Johnson
Treasurer	Dr Max Majedi
Ex officio	Professor Stephan Schugg

South Australian Regional Committee

Chair	Dr Graham Wright
Deputy Chair/honorary treasurer/secretary	Dr Bruce Rounsefell Dr Garry Clothier Dr Penny Briscoe Dr Susan Evans
Multidisciplinary representative	Dr Andrew Somogyi
Australian Pain Society representative	Dr Tim Semple
ANZCA representative/ New Fellows representative	Dr Philip Cornish
Trainee representative	Dr Jonathan Chan
Ex officio	Associate Professor Andrew Zacest Dr Meredith Craigie Dr Dilip Kapur