

Friday
April 29,
2016

EXTREMES OF PAIN

Refresher Course Day and Faculty Dinner

Crowne Plaza,
Auckland, New Zealand

The Faculty of Pain
Medicine and the
Continuing Professional
Development Committee
warmly welcome you
to the Refresher
Course Day.

Extremes of pain

It gives us great pleasure to invite all FPM and ANZCA Fellows, trainees and health professionals interested in pain medicine, to the 14th Annual Faculty of Pain Medicine Refresher Course Day in 2016. The meeting will be held a day prior to the commencement of the ANZCA Annual Scientific Meeting (ASM).

The theme "Extremes of pain" will complement the ASM and will deal with the many challenges involved in managing pain in the morbidly obese, chronic spinal pain, and cancer pain.

We have three exciting international speakers headlining the program. Professor Anthony Dickenson (FPM ASM Visitor) is Professor of Neuropharmacology at University College, London. He has made pivotal contributions to understanding the mechanisms of pain and pain control in both normal and pathophysiological conditions.

Dr Steven Cohen (FPM New Zealand Visitor) is Professor at the Uniformed Services University of the Health Sciences in Bethesda, MD, and Associate Professor of Anesthesiology and Critical Care Medicine at the Johns Hopkins School of Medicine. He is also the director of medical education for the pain management division at Johns Hopkins and director of pain research at Walter Reed National Military Medical Center. He has published extensively on interventional pain management strategies and improving pain care in wounded soldiers.

Our third international speaker is Dr John Pereira, Clinical Assistant Professor in the Department of Family Medicine at The University of Calgary. He works in the field of pain management at the Calgary Chronic Pain Centre. He is a past Ronald Melzack Fellow of the McGill Pain Center and his research interests include the

effect of diet on pain and optimal treatment of fibromyalgia.

We also have a talented group of local and national medical and non-medical experts to further enhance the breadth of the program.

We look forward to welcoming you all to Auckland next year.



Dr Jane Thomas
FPM Refresher Course Day
Scientific Convenor



Dr Jim Olson
FPM ASM Scientific Convenor



Dr Kieran Davis
FPM Scientific Co-Convenor



Register online

Please visit
www.asm.anzca.edu.au
to register for the Refresher
Course Day and the Annual
Scientific Meeting.

Full registration	\$NZ415
Trainee, retired Fellow and non-medical practitioner	\$NZ310
Faculty Dinner	\$NZ170

Meeting venue

Ballroom, Crowne Plaza
128 Albert St, Auckland
+64 9 302 1111

Faculty Dinner

The Northern Club
19 Princes St, Auckland
+64 9 379 4755

The Northern Club is a 15-minute walk from the Aotea Centre and a 10-minute walk from Skycity Auckland as well as a number of the accommodation options. Buses will also be available, departing at 6.45pm sharp from the entrance of Skycity Auckland. Return transport will depart around 10.30pm. Please indicate at the time of registration whether you require transport.

Sponsors

The Faculty of Pain Medicine acknowledges the generous sponsorship support of:

Major sponsors



Industry supported speaker

Dr John Pereira sponsored by



Accommodation

A range of accommodation has been reserved for ASM delegates. For further information, please visit the ASM website asm.anzca.edu.au or see the accommodation section of this registration brochure. Delegates for the Refresher Course Day can avail themselves of the negotiated rates.

2016 ANZCA/FPM CPD Program credits

This event is claimable by ANZCA/FPM CPD participants within Knowledge and Skills activities; lectures one credit per hour. ANZCA/FPM members will automatically have their attendance accredited to their CPD portfolio following the meeting.

Invited speakers

Professor Tony Dickenson
(FPM ASM Visitor)
Professor of Neuropharmacology
at University College, London, UK

Dr Steven Cohen
(FPM New Zealand Visitor)
Professor at the Uniformed
Services University of the Health
Sciences in Bethesda, MD, and
Associate Professor of
Anesthesiology & Critical Care
Medicine at the Johns Hopkins
School of Medicine, US

Dr John Xavier Pereira
Clinical Assistant Professor in
the Department of Family Medicine,
the University of Calgary, Canada

Mr Grant Beban
Bariatric surgeon, MacMurray
Centre, Auckland, NZ

Mr Antony Field
Orthopaedic spinal surgeon,
Starship Children's Hospital;
Ascot Central and Auckland City
Hospital, Auckland, NZ

Ms Lisa Ford
Physiotherapist, Counties Manukau
Health Chronic Pain Service,
Auckland, NZ

Dr Nick Kendall
Clinical psychologist,
KendallBurton, Christchurch, NZ

Dr Gwyn Lewis
Senior Lecturer, Department of
Physiotherapy, Auckland University
of Technology, Auckland, NZ

Dr Phillipa Malpas
Medical Ethicist, the University
of Auckland, Auckland, NZ

Dr Ross Drake
Paediatric Palliative Care and Pain
Specialist, Starship Children's
Health, Auckland NZ

Program

From 8am	Registration
Session 1	Plenary: The science of extreme pain
8.45-9am	Welcome
9-9.40am	The neuropharmacology of pain and modulation Professor Tony Dickenson
9.40-10.20am	The neurophysiology of pain and conditioning Dr Gwyn Lewis
10.20-10.50am	Morning tea
Session 2	Extremes of spinal pain: The back pain epidemic
10.50-11.20am	Why do surgeons keep operating? A surgical perspective and new advances in spine surgery Mr Antony Field
11.20-11.50am	Predicting poor outcomes and dealing with the surgical fallout Dr Nick Kendall
11.50am- 12.30pm	Interventions for chronic back pain – the role (or not) of epidural steroids Dr Steven Cohen
12.30-1.30pm	Lunch
Session 3	Obesity and pain
1.30-2pm	Pain and obesity – the growing epidemic Dr John Pereira
2-2.30pm	When and who should we refer for bariatric surgery? Mr Grant Beban
2.30-3pm	Rehabilitation strategies in the morbidly obese Ms Lisa Forde
3-3.30pm	Afternoon tea
Session 4	Cancer pain
3.30-4pm	Mechanisms of cancer pain and mechanism based pain management Professor Tony Dickenson
4-4.30pm	Palliative care in adolescents and young adults Dr Ross Drake
4.30-5pm	Euthanasia – the moral and legal debate Dr Phillipa Malpas
7pm	Cocktail function
7.30pm	Faculty dinner