

'So you want to be a specialist pain medicine physician and other helpful hints'

February 24 & 25 2018

ANZCA House, 630 St Kilda Road, Melbourne VIC 3004

Saturday February 24

Time	Topic
9.30 – 9.35am	Welcome
9.35 – 10.35am	Introduction to Fellowship
10.35 – 11:00am	Exploring the Pain Medicine roles in practice
11 – 11.30am	Morning tea
11.30am – 12pm	Looking after yourself
12 – 1pm	How can we help? <i>Learning opportunities throughout training: the library, e-learning, discussion forums, Networks</i>
1 – 2 pm	Lunch
2 – 3pm	Assessment is a fact of life <i>Workplace-based assessments</i>
3 – 4pm	The hands-on approach: An interactive session <i>The importance of pain specific physical examination skills - interactive session focusing on sensory and functional assessment</i>
4 – 4.30pm	Afternoon tea
4.30 – 5.55pm	The hands-on approach <i>Continued</i>
5.55 – 6pm	Conclusion
6 – 7pm	Drinks and canapés

Sunday February 25

Time	Session title
8.30 – 10.30am	Pain Medicine is all about reframing <ul style="list-style-type: none">• <i>Accepting there is usually no biomedical cure</i>• <i>Emphasising the importance of social and psychological dimensions</i>• <i>Understanding the neuroscience and social determinants of un-wellness</i>• <i>Principles of the rehabilitation approach in pain medicine</i>
10.30 – 11am	Morning tea
11 – 11.45am	A window into the experience of pain – a patient's perspective <i>Patient pain ambassador to tell their story</i>
11.45am – 12.30pm	Facilitated discussion
12.30 – 1.30pm	Lunch
1.30 – 3pm	Taking a pain history from a person experiencing pain: Tips and hints <i>consideration of sociopsychobiomedical factors and an introduction to mental state examination</i>
3 – 3.15pm	Afternoon tea
3.15 – 3.45pm	Taking a pain history – tips and hints <i>Continued</i>
3.45 – 4.30pm	What next? <i>Conclusion: What happens next and who do I contact for information? Q&A session</i>