

FACULTY OF PAIN MEDICINE
SPRING MEETING 2015



OCTOBER 2-4, 2015
HERITAGE QUEENSTOWN
NEW ZEALAND

Adventures in pain



Registration brochure

CONVENOR'S INVITATION

On behalf of the Faculty of Pain Medicine and the organising committee of the 2015 spring meeting, I would like to invite you to beautiful Queenstown for this inspiring three-day event.

This year, the spring meeting "Adventures in Pain" will examine acute and chronic pain management in trauma, sports and remote settings. The meeting will be held at the world-renowned Heritage Queenstown, with its spectacular views of the towering Remarkables mountain range rising from the waters of Lake Wakatipu, from October 2-4.

We welcome keynote international speaker, Dr Beth Winkelstein from Philadelphia, US. The New Zealand and Australian speakers include specialists from a range of medical specialities including neurosurgery, orthopaedics, and sports medicine. We will also hear cutting edge research presented by scientists from a range of disciplines, complimented by presenters with personal experience of working in extreme environments or managing elite athletes.

For further information, please contact the conference organiser Penny McMorrان on +61 3 8517 5302 or pmcmorrان@anzca.edu.au

I look forward to welcoming you to New Zealand.



Dr Duncan Wood,
Convenor

INVITED INTERNATIONAL SPEAKER



Dr Beth Winkelstein

Beth Winkelstein is Professor of Bioengineering and Professor of Neurosurgery, as well as Associate Dean for Undergraduate Education in the School of Engineering and Applied Science, at the University of Pennsylvania.

Dr Winkelstein's research focuses on defining mechanisms of painful spine and joint injuries, mechanical and cellular mechanisms of chronic pain, mechanotransduction of pain signals, and potential diagnostic and therapeutic approaches for these disorders. She has pioneered several rat models of painful tissue injuries, which are the first neck injury models with clinically relevant pain symptoms. Her group implements rigorous engineering analyses in these in vivo systems to define biomechanical loading and relate those metrics to neuronal plasticity and cellular mechanisms that drive pain. In addition, they are also developing new imaging approaches in ligament tissue biomechanics studies to understand sub-failure micro- and macro-scale tissue responses.

Dr Winkelstein's research has been recognised by awards from the Stapp Car Crash Conference, the International Society for the Study of the Lumbar Spine, the Cervical Spine Research Society and ASME¹. She was awarded a Whitaker Young Investigator Award, an NIH Career Award, the National Science Foundation CAREER Award, and the 2006 YC Fung Young Investigator Award for the most promising young Bioengineer.

She serves on the editorial board for *Spine* and is the co-editor of the *Journal of Biomechanical Engineering*. She has published more than 95 peer-reviewed papers, 15 book chapters and one book on orthopaedic biomechanics.

INVITED SPEAKERS

Dr Mark Alcock (Vic)
Dr Bryce Curran (NZ)
Professor Dirk De Ridder (NZ)
Dr Tony Fernando (NZ)
Dr Kristin Good (NZ)
Associate Professor Roger Goucke (WA)
Dr Kylie Hall (Qld)
Dr Malcolm Hogg (Vic)
Dr Toni Hogg (Vic)
Mr Warren Leigh (NZ)
Dr Diarmuid McCoy (Vic)
Dr Graham Morton (NZ)
Dr Hamish Osborne (NZ)
Dr Marc Russo (NSW)
Mr James Saunders (NZ)
Dr Raj Selvaratnam (NZ)
Professor Ted Shipton (NZ)
Professor Michele Sterling (Qld)
Dr Michael Vagg (Vic)
Dr Beth Winkelstein (US)

The Faculty of Pain Medicine, Australian and New Zealand College of Anaesthetists gratefully acknowledge the generous support of the meeting sponsors:



Disclaimer

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PROGRAM

Adventures in pain

OCTOBER 2-4, 2015
HERITAGE QUEENSTOWN,
NEW ZEALAND

FRIDAY OCTOBER 2, 2015

12.30–1.30pm	Registration and lunch
1.30–2pm	Introduction and welcome – Dean, Convenor and Committee
2–3.30pm	Session 1: Persistent pain following trauma
2–2.30pm	Dr Beth Winkelstein – Mechanisms of persistent neck pain
2.30–3pm	Professor Michele Sterling – Predictors of outcome in neck trauma
3–3.30pm	Professor Dirk De Ridder – New ideas in brain physiology
3.30–4pm	Afternoon tea
4–5.30pm	Session 2: Long-term impact of trauma
4–4.30pm	Dr Kristin Good – Costs of trauma
4.30–5pm	Dr Malcolm Hogg – Determinates of chronic pain after injury
5–5.30pm	Dr Toni Hogg – Pain in trauma rehabilitation
5.30–7pm	Welcome reception

SATURDAY OCTOBER 3, 2015

8.30–9am	Registration
9–10.30am	Session 3: Acute pain management in challenging environments
9–9.30am	Dr Kylie Hall – Battlefield pain management
9.30–10am	Dr Bryce Curran – Pain management in a disaster zone
10–10.30am	Associate Professor Roger Goucke – Essential pain management program
10.30–11am	Morning tea
11am–12.30pm	Session 4: Whiplash
11–11.30am	Dr Beth Winkelstein – Biomechanics of neck injury in whiplash
11.30am–12pm	Professor Michele Sterling – Translation of research into treatment of whiplash
12–12.30pm	Radiofrequency neurolysis of medial branches in whiplash
12.30–1.30pm	Lunch
1.30–2.30pm	Session 5: New treatments for musculoskeletal pain
1.30–2pm	Dr Raj Selvaratnam – Physiological basis of platelet-rich plasma therapy
2–2.30pm	Mr Warren Leigh – Platelet-rich plasma in practice
2.30–3pm	Afternoon tea
3–5pm	Session 6: Managing pain during competition
3–3.30pm	Dr Mark Alcock – An unusual case of abdominal pain in an elite cyclist
3.30–4pm	Dr Hamish Osborne – Competing with injuries
4–4.30pm	Mr James Saunders – PT management of injuries during elite performance
4.30–5pm	Dr Graham Morton – Personal management of pain during extreme endurance events
7–10.30pm	Conference dinner

SUNDAY OCTOBER 4, 2015

8.30–9am	Registration
9–10.30am	Session 7: Challenges and adventures in private practice
9–10.30am	Panel discussion: Dr Michael Vagg; Professor Ted Shipton, Dr Marc Russo
10.30–11am	Morning tea
11am–12.30pm	Session 8: Compassion and teamwork
11–11.30am	Dr Tony Fernando – Compassion fatigue in health professionals
11.30am–12pm	Dr Diarmuid McCoy – Compassion in practice
12–12.30pm	Team psychology
12.30–1.30pm	Lunch

SOCIAL EVENTS

A welcome reception will be held on Friday, October 2, at the Heritage Queenstown. Beverages and canapés will be served to delegates and guests.

The conference dinner will be held on Saturday evening at Skyline Queenstown, which is 450 metres above the town of Queenstown and beautiful Lake Wakatipu, and is reached by scenic gondola. A glass of champagne on arrival at the gondola base starts the dining experience off in style. Pre-dinner drinks will be followed by a three-course meal.

CONTINUING PROFESSIONAL DEVELOPMENT

Within the ANZCA/FPM Continuing Professional Development program, this event can be claimed under the knowledge and skills category: attendance at lectures, presentations, or online learning one credit per hour.

ACCOMMODATION

A limited number of rooms have been reserved for a special group rate at the Heritage Queenstown. It is strongly recommended reservations be made as soon as possible to ensure you secure these discounted rates. You can book online:

Website: heritagehotels.co.nz/booking

Select a hotel: Heritage Queenstown
– Enter required dates
• do not select “flexible travel dates”

Promo code: type in “FPM” – click submit
– Select “View room types”
– Select room type and follow the prompts

Alternatively, bookings can be made directly with the Heritage Queenstown by telephone or email (please ensure you quote “FPM conference” when making the booking to obtain the discounted rate):

Heritage Queenstown
91 Fernhill Road
P O Box 648
Queenstown 9300

T: +64 3 450 1535

Email: RebeccaE@heritagehotels.co.nz

Accommodation options are outlined as

follows (rates are in New Zealand dollars and are inclusive of GST):

Deluxe room: (maximum two adults or one adult, one child)

- One adult (or one adult, one child*) NZ\$179 per night including full buffet breakfast for one and 500MB Wi-Fi per room, per day.
- Two adults NZ\$199 per night including full buffet breakfast for two and 500MB Wi-Fi per room, per day.

Executive room:

- One adult (or one adult, one child*) NZ\$199 per night including full buffet breakfast for one and 500MB Wi-Fi per room, per day.
- Two adults NZ\$219 per night including buffet breakfast for two and 500MB Wi-Fi per room, per day.

* Children are classified as 13 and under. Children stay free in existing bedding. Children also eat free with one paying adult in Mackenzies Restaurant. (From kids' menu only). Rollaway beds may be arranged at a cost of \$45 (limited amount).

Bookings can be cancelled and/or amended up to 24 hours before arrival. Any cancellations and/or amendments within 24 hours of arrival will incur full accommodation charges.

For further information on the resort please visit heritagehotels.co.nz/hotels/heritage-queenstown

ORGANISING COMMITTEE

Dr Duncan Wood, convener

Dr Michael Vagg, committee member

CONTACT

For further information or to register, please visit the meeting website: fpm.anzca.edu.au/events/2015-spring-meeting/welcome.html

Or contact the conference organiser:

Penny McMorran

Phone: +61 3 8517 5302

Fax: +61 3 9510 6786

Email: pmmcormoran@anzca.edu.au

FPM ANZCA, 630 St Kilda Road,
Melbourne VIC 3004

REGISTER ONLINE!

Please visit the meeting website to register for this event through the ANZCA online events registration portal.

REGISTRATION FORM

Invoice/Tax Invoice ABN: 82 055 042 852

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NEW ZEALAND

PLEASE PRINT CLEARLY IN BLOCK CAPITALS

Personal details

First name: _____ Surname: _____

Postal address: _____

State: _____ Postcode: _____

Email: _____

Telephone: _____ Dietary requirements: _____

Privacy: I consent to my name and state/country being included on the delegate list to be circulated at the meeting.

Signature: _____

Registration fees

All fees are quoted in Australian dollars (GST not applicable).

Registration fee includes meeting registration, conference lunch and teas, welcome reception & conference dinner.

Early bird full registration (until July 31) \$842
 Early bird trainee/allied health/retired fellow (until July 31) \$624

Full registration (from August 1) \$936
 Full trainee/allied health/retired fellow (from August 1) \$696

One-day registration

Includes meeting registration, teas and lunch for selected single day. Friday day registration includes welcome reception.

Friday, October 2
 Saturday, October 3
 Sunday, October 4

Full registration (from August 1) \$530
 Full trainee/allied health/retired fellow (from August 1) \$384

Social functions

All fees are quoted in Australian dollars (GST not applicable). Please indicate your attendance.

Welcome reception

(complimentary for delegates with full registration and Friday day registration)

Yes, I will be attending the welcome reception
 I require additional adult ticket/s \$70 each

Conference dinner

(complimentary for delegates with full registration)

Yes, I will be attending the conference dinner
 I require additional adult ticket/s \$150 each
 I require additional child ticket/s (under 14) \$50 each

Transport

We have arranged a coach to transfer guests to and from the Heritage Queenstown to the conference dinner at the Skyline Queenstown. This is a complimentary service. Please indicate below if you would like to reserve a seat.

Yes, I would like to reserve a complimentary seat

Yes, I would like to reserve a complimentary seat for my guest

Payment

Conference registration cannot be confirmed until payment is received. Cheques payable to ANZCA in Australian dollars or complete credit card details below.

Registration fee: \$ _____ Social function fees: \$ _____ Total payment: \$ _____

Visa Card Master Card

Card holders name (as it appears on the card) _____

Card number _____ Expiry Date _____

Signature _____

Please return form and payment to: Penny McMorran, Faculty of Pain Medicine, 630 St Kilda Road, Melbourne VIC 3004

T: +61 8517 5302 F: +61 3 9510 6786 E: pnmcmorran@anzca.edu.au