Dean's communiqué



Advancing pain medicine: Improving patient care

Report following the Board meeting of the Faculty of Pain Medicine held on May 11, 2017 and New Board meeting of May 14, 2017.

The FPM Board met on Thursday, May 11 and the New Board met on Sunday, May 14 at the Brisbane Convention and Exhibition Centre, Queensland.

Dr Matthew Bryant, Chair of the FPM Queensland Regional Committee, attended. The Board welcomed the opportunity for dialogue with regard to strengthening pain services in Queensland.

2017 FPM Board meeting dates:

Monday, July 10. Thursday, September 21. Monday, October 30.

Honours, appointments and awards

Robert Orton Medal: The Robert Orton medal is ANZCA's most prestigious award and was bestowed on three outstanding recipients – Professor David Story (Vic), Professor Stephan Schug (WA) and Professor Alan Merry (NZ). Articles on each recipient will appear in the June ANZCA Bulletin.

Inaugural Steuart Henderson Award: Dr Meredith Craigie (SA) was presented with the inaugural Steuart Henderson Award for a Fellow who has demonstrated excellence and provided outstanding contribution, scholarship, and mentorship to medical education in the field of anaesthesia and/or pain medicine.

New Board: Dr Meredith Craigie (SA) was re-elected as Vice-Dean. Dr Chris Hayes (NSW) and Professor Stephan Schug (WA) were re-elected to the FPM Board. Associate Professor Paul Gray (Qld) was congratulated on his election to the Board. Dr Harry Eeman (Vic) was congratulated on his election to the Board as the New Fellow representative.

The following office bearers were elected:

Dean (re-elected in February)

Vice-Dean Assessor

Assistant Assessor

Chair, Examinations Committee

Chair, Learning and Development Committee Chair, Professional Affairs Executive Committee

Chair, Professional Standards Committee

Chair, Research and Innovation Committee

Chair, Scientific Meetings Committee

Chair, Training and Assessment Executive Committee

Chair, Training Unit Accreditation Committee

Senior Editor Pain Medicine Journal

Dr Chris Hayes

Dr Meredith Craigie

Dr Dilip Kapur

Dr Kieran Davis

Dr Meredith Craigie

Dr Aston Wan

Dr Michael Vagg

Dr Melissa Viney

Dr Michael Vagg

Dr Jennifer Stevens

Dr Meredith Craigie

Dr Kieran Davis

Professor Milton Cohen

Executive Committee:

Dean Dr Chris Hayes
Vice-Dean Dr Meredith Craigie
Chair, Professional Affairs Executive Committee Dr Michael Vagg
Chair, Training and Assessment Executive Committee Dr Meredith Craigie
FPM General Manager Ms Helen Morris

ANZCA Council has confirmed that Dr Patrick Farrell FANZCA (NSW) will continue as the nominated ANZCA representative to the Faculty Board.

A full list of committee members and appointments to ANZCA committees, external committees and organizations will be confirmed and published on the FPM website.

Build Fellowship and the Faculty

Resources

2017 Budget: The Faculty remained in a favourable position against budget at the end of the first quarter.

2017 Business Plan: The Faculty has made good progress against key initiatives in the business plan in the first quarter.

Revision of FPM By-law 1.7, Officers of the Board: Board resolved that by-law 1.7 be amended to remove the requirement for the Assessor to be a Board member. This broadens opportunities for the wider fellowship to be engaged in key Faculty roles.

The revised by-law 1.7 can be viewed on the *Faculty website*.

Revision of FPM By-law 19 *Accreditation of units offering training in pain medicine*: Board resolved that by-law 19.2.5.1.1 "Units accredited for pain medicine training at August 1, 2016 who do not comply with by-law 19.2 may apply to the TAEC within six months of this date for an exemption. An exemption may be granted for a maximum period of five years" be retired.

Annual reports from the New Zealand National Committee and Australian Regional Committees: The Board received annual reports from the New Zealand National Committee (NZNC), and from each of the Australian Regional Committees. These reports outlined the major developments and activities in New Zealand and in each state/territory in the past year. The Board acknowledged the work of the committees and the leadership of the chairs.

<u>Professional Affairs Executive Committee</u>

The inaugural meeting of the FPM Professional Affairs Executive Committee (PAEC) was convened in April to address appointment and briefing of the Research and Innovation, Professional Standards and Scientific Meeting Committee Chairs and development of terms of reference.

Scientific Meetings

2017 FPM Refresher Course Day & ASM

May 12 & May 12-16

Brisbane Convention and Exhibition Centre, Qld

The Faculty's Refresher Course Day and Annual Scientific Meeting (ASM) programs were a tremendous success and a tribute to the hard work of Dr Kathleen Cooke, Scientific Convenor of both the Faculty's Refresher Course Day and the FPM ASM. The Refresher Course Day attracted 172 delegates and received strong support from the healthcare industry with two major sponsors and five exhibitors present. The program, "Big specifics", explored the big challenges involved in specific types of pain such as paediatric and pelvic pain. The program also covered how we interpret big data and create big networks for pain management across vast distance yet apply this to our specific patients.

The academic sessions were followed by a dinner at the Brisbane Powerhouse, which included an inspirational after dinner talk by Andy Gourley, founder and CEO of Red Frogs Australia.

Prizes

Dr Paul Wrigley (NSW) was presented with the FPM Best Free Paper Award by FPM Dean, Dr Chris Hayes, at the FPM Annual General Meeting for his paper titled "New Evidence for preserved somatosensory pathways in people with complete spinal cord injury: a fMRI study". Hear Dr Wrigley's winning presentation <u>here</u>.

2017 Spring Meeting, September 22-24

"Transcending pain: Ride the next wave"

RACV Torquay Resort, Victoria

Convenor: Dr Jacquelyn Nash FANZCA, FFPMANZCA

Registrations for this meeting are now open: "Transcending pain: Ride the next wave"

2018 ANZCA ASM/RACS ASC & FPM Refresher Course Day

Sydney, NSW: May 7-11 and May 6

Convenor: Dr Jennifer Stevens FANZCA, FFPMANZCA

2019 ANZCA ASM and FPM Refresher Course Day

Kuala Lumpur, Malaysia: April 28-May 3

Dr Chris Orlikowski, FRCA, FFPMANZCA (Tasmania) has been appointed as the FPM Scientific Convenor for the 2019 ANZCA Annual Scientific Meeting in Kuala Lumpur, Malaysia.

Electronic Persistent Pain Outcomes Collaboration (ePPOC): Progress continues with this initiative. 75 services are now participating of which 23 are in New Zealand. 28 services are private and 2 of these have a major focus on interventions. 2016 ePPOC report across the sector shows a substantial increase in amount of follow up data returned. Outcome data for 2016 averaged across the sector (predominantly from group pain management programs) demonstrating a modest reduction in pain intensity, moderate reduction in opioid dose and moderate improvements in self-reported physical and psychological measures. Version 2 of the ePPOC dataset has been finalised and will be implemented from January 1, 2018.

FPM Better Pain Management Education Program: The 12-module Better Pain Management program, designed for specialist and general medical practitioners, medical students, nurses and allied health practitioners caring for patients with persistent pain, was launched at the FPM Refresher Course Day in Brisbane. Referring to these health professionals when he launched the new program, Dr Mick Vagg said: "The website is live, the modules are out there. Spread the word that FPM has listened and has responded to give them high quality education about pain management." *The launch was live streamed via Periscope*

Opioid equi-analgesic dose calculator: For the period April 1, 2016 to May 3, 2017 there were 20,944 active users and 192,064 sessions. The average number of devices active daily was 246 for that period.

Forum addressing "Outcome measurement for interventional pain medicine": There is currently a lack of systematic outcome measurement in interventional pain medicine practice in Australia and New Zealand. Potential providers of a more systematic approach to outcome measurement in this setting include the Australian Health Services Research Institute at University of Wollongong (with track record in implementation of the electronic Persistent Pain Outcomes Collaboration) and Monash University (with track record in clinical registries including those for joint replacement and breast implantation).

Board resolved to proceed with hosting a forum addressing "Outcome measurement for interventional pain medicine" in the latter half of 2017. The discussion forum would contribute to the Faculty's leadership role in the field. Invited organisations will include the Worksafe/TAC in Victoria, iCare in NSW and the Accident Compensation Corporation in New Zealand, additional potential payers, teams from ePPOC and Monash University, relevant clinical groups such as the Australian Pain Society, New Zealand Pain Society, the Neuromodulation Society of Australia and New Zealand and PainAustralia.

Medicinal Cannabis Strategy: Further to political and regulatory developments, as well as in response to requests from Fellows for guidance, it has become imperative for FPM to provide leadership in the space. The current Faculty position as outlined in PM10 is consistent with the current scientific consensus including NeuPSIG guidelines. The gap between the current evidence and community (and political) perception of benefit is now big enough to demand a 'harm minimization' approach that will allow Fellows on the clinical frontline to manage these expectations as well as pursue potential clinical research in gaining experience with whichever forms of 'medicinal cannabis' are available within their local jurisdiction.

Board resolved to convene a forum on "Cannabis use in the chronic non-cancer pain setting" to be held in August 2017 at ANZCA House. The forum will consider research opportunities and the question of what constitutes 'reasonable' clinical practice as well as addressing the political/consumer agenda. Dr Carolyn Arnold, has agreed to lead this forum on the Faculty's behalf. There will be a targeted invite list of key stakeholder groups including researchers, clinicians, relevant colleges and consumer and indigenous representation.

Build the curriculum and knowledge

Training and Assessment Executive Committee

Assessor:

New Fellows: The following doctors are to be congratulated on their admission to FPM Fellowship by completion of the training program:

| Dr Raj Anand, FRACP | New South Wales |
|---|-----------------|
| Dr Irina Hollington, FANZCA | South Australia |
| Dr Matthew Keys, FCICM, FFPMANZCA | Queensland |
| Dr Stephen J Smith, FANZCA, FFPMANZCA | New South Wales |
| Dr Srirekha Vadasseri, FFPMANZCA, FRANZCP | Victoria |
| Dr Christopher Woodgate, FAFRM (RACP) | Victoria |

Honorary Fellowship: The Board awarded Professor Lorimer Moseley FFPMANZCA (SA), Honorary Fellowship of the Faculty of Pain Medicine. This was presented at the College Ceremony in Brisbane.

Specialist International Medical Graduate: The Faculty admitted its first Fellow via the Specialist International Medical Graduate pathway, Dr Raveendran Harish (Qld).

Examination Committee:

2017 Fellowship examination dates: The written examination will be held across FPM regional and national offices on Friday October 27. The clinical examination will be held in Melbourne on Saturday November 25. The closing date for applications (written and clinical) is Friday September 30. Further information is available on the Faculty *website*.

Learning and Development Committee:

The ongoing support and evaluation of the training program continues to be carried out by the Learning and Development Committee. The next stage is to seek feedback from Directors and Heads of Department of Faculty accredited units.

A successful face-to-face workshop was held on April 22 for in-depth review of the 2015 training program roll-out, the 3 year evaluation program, and refinements to the e-learning resources.

Development of FPM educational opportunities: The 2015 FPM training program for specialist pain medicine physicians has been well received and acknowledged internationally. However, as a two-year program it could not cover all aspects of pain medicine and it was recognised that a number of subspecialty areas would benefit from further development, including paediatric pain medicine and interventional pain medicine. Board discussed various options regarding how these educational opportunities should be progressed. It was agreed that the Curio Group will be engaged to support the Board in establishing a strategy to develop its overarching educational offerings.

A Paediatric Pain Medicine Training Working Group has been formed and is considering options for enhanced paediatric pain training.

Supervisor of Training ratification: The following doctors have been appointed FPM Supervisors of Training:

- Dr Chui Chin Chong at Fiona Stanley Hospital, WA
- Dr Clive Sun, St Vincent's Hospital, Sydney
- Dr Kerry Mclaughlin at the Alfred Health Pain Services, Vic
- Dr Max Majedi at Sir Charles Gairdner Hospital, WA
- Dr Meena Mittal, Precision Brain, Spine and Pain Centre, Vic
- Dr Tai Tak Wan, Nepean Hospital, NSW

Training Unit and Accreditation Committee:

The following pain units have been successfully accredited for training in pain medicine in the Core Training Stage:

- Children's Hospital at Westmead, NSW
- Fiona Stanley and Fremantle Hospitals Group, WA
- Flinders Medical Centre, SA
- PainScience WA at Joondalup Health Campus, WA

The number of accredited pain units now stands at 37.

Build advocacy and access

Liaison with Pain Societies

Global Year Against Pain After Surgery: The Board endorsed the designation of 2017 as **the Global Year Against Pain After Surgery** by the International Association for the Study of Pain.

Professional

Notified Fellows' publications:

Dr Chris Hayes, FANZCA, FFPMANZCA

Protecting pain Patients: The Evaluation of a Chronic Pain Educational Intervention http://academic.oup.com//painmedicine/article/doi/10.1093/pm/pnx018/3068841/Protecting-Pain-Patients-The-Evaluation-of-a?guestAccessKey=80811e61-df9e-435c-b9ff-0b56dfc9ec08
Pain Med 2017 pnx018. doi: 10.1093/pm/pnx018

Simon Holliday, BMed, FAChAM, FRACGP, FACRRM, Chris Hayes, BMed(Hons), FANZCA, FFPMANZCA, MMed, Adrian Dunlop, PhD, FAChAM, GradDipEpi&Biostat, Simon Morgan, MBBS, MPH&TM, Amanda Tapley, B Biomed Sci (Hons), M MedStatistics, Kim Henderson, BNurs, Grad Dip. Health Soc. Sci., Briony Larance, PhD, BSc (Psych) (Hons), Parker Magin, MBBS, MFM(clin), MGPP, GDipClinEpi, DPD, PhD

- Professor Edward Shipton FANZCA, FFPMANZCA
 - Beliefs and Clinical Practice for Complex Regional Pain Syndrome (CRPS) Managed by Physiotherapists on the South Island of New Zealand http://www.scirp.org/journal/ijcm
 International Journal of Clinical Medicine, 2017, 8, 42-54
 Tracey Pons, Edward A. Shipton, Roger T. Mulder
 - Physiotherapy Interventions and the Outcomes for Complex Regional Pain Syndrome (CRPS)
 Type 1 on the South Island of New Zealand A Longitudinal, Prospective Case Series
 https://www.benthamopen.com/TOPAINJ/

The Open Pain Journal, 2017, 10, 5-13

Tracey Pons, Edward Shipton, Jonathan Williman and Roger Mulder

Dr Chris Hayes

Dean, Faculty of Pain Medicine

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June 2017