

# FACULTY OF PAIN MEDICINE

## FPM Trainee e-Newsletter

**Issue 7 / August 2012**

### Trainee News

#### New Fellows

Congratulations to the following trainees who have completed their training and examination requirements and were admitted to Fellowship:

**16 April 2012**

Mohammed Saleem Khan

**12 May, 2012** - Honorary Fellow

Professor Henrik Kehlet

**10 May 2012**

Gopinathan Raju

**6 June 2012**

Pieter Carel le Roux

Duncan Morris Wood

Jordan Gardiner Wood

We are pleased to report that this takes the total number of Fellows admitted to 331.

#### Associate Fellowship

The Board resolved to revise the earlier decision to restrict Fellowship of FPMANZCA to those holding a Fellowship of an Australian and New Zealand Specialist College. It was agreed that in future the training and assessment criteria to be met by those applying for FPMANZCA may include a specialist qualification from an international jurisdiction, and not necessarily of an Australian and New Zealand Specialist College. Regulation 3.1.1.6 will be amended to remove reference to a requirement for an Australian or New Zealand specialist qualification acceptable to the Board. The Board will undertake a process of evaluating International qualifications to determine those that are acceptable for this purpose of satisfying the criterion on prior post graduate training and experience at a specialist level, for those applying for FPMANZCA by training and examination.

Following this decision of the Board to consider specialist qualifications of IMG Trainees as acceptable pre-requisite specialist qualifications for FPMANZCA, the qualification Associate Fellowship of FPMANZCA became redundant, as the only differentiating criterion was whether the applicant held a Fellowship of an Australian and New Zealand specialty. Thus, the decision was also made to rescind FPM Regulation 3.5 Admission to Associate Fellowship by Training and Examination.

A separate issue is the decision of quantifying the Retrospective Credit of prior training and experience that is relevant to Pain Medicine. While this issue is similar, it is significantly different, and is managed separately. This decision is much more dependant on the individual' actual prior experience than the formal structure of their primary specialist qualification. Applications for Fellowship from International Medical Graduate Specialists applying for FPM training will be assessed on a case-by-case basis to determine the quantum of recognition of prior learning to be credited towards the Faculty's training time requirements.

Current trainees with international qualifications will not be disadvantaged. A the list of specialist fellowships, International as well as those of Australian and New Zealand, which are acceptable to the Board as satisfactory pre-requisite qualifications, is being developed and will be generally available.

## Training Unit Accreditation

Following Successful initial reviews, The Melbourne Pain Group and The Peter MacCallum Cancer Centre have been accredited as the Faculty's first Tier 2 Units for Pain Medicine Training, bringing the number of accredited Pain units to 30.

Please [click here](#) to find a list of our accredited training sites via the link below.

## FPM Cultural Competency Document

The Faculty of Pain Medicine endeavors to ensure that the practices and beliefs of an ethnic and/or religious nature in patients be fully respected and accommodated. Cultural competency is a commitment to engage respectfully with people from other cultures. It is a set of integrated attitudes, knowledge and skills that enable a health care professional or organisation to care effectively for patients from these diverse cultures, groups and communities. **The Faculty regards it important for our Trainees to attain a certain level of knowledge about various cultures. This will enable them to be prepared to interact with patients from various cultural backgrounds.** The Education Committee has recently produced a document for the Faculty on cultural competency.

Please [click here](#) to view the document.

## More e-books available to trainees

The ANZCA Library is providing access to a new collection of e-books, the OVID Anesthesiology and Pain collection. This package of over 50 titles includes books on intensive care medicine as well as:

- Massachusetts General Hospital Handbook of Pain Management
- Cousins & Bridenbaugh's Neural Blockade in Clinical Anesthesia and Pain Medicine
- Bonica's Management of Pain

REMINDER: All material provided by the ANZCA Library is for the benefit of financial Fellows, trainees and IMGS of the College and Faculty of Pain Medicine. Material is for authorised users only and should not be shared with non-ANZCA members. When using online resources, members are agreeing to abide by the terms of use for the resource.

Access the OVID e-books and many more online textbooks through the [ANZCA Library Online Textbooks](#) list or library catalogue.

## Media Update

Professor Stephan Schug from the University of Western Australia and Royal Perth Hospital took part in a lengthy discussion on chronic pain on ABC's Radio National. Professor Schug was interviewed by presenter Phillip Adams on his Late Night Live program. The other panelist was Professor Rollin Gallagher from the University of Pennsylvania. The interview covered the over-reliance on medicines and the need for more education and training for doctors in alternative non-drug therapies; the relationship between pain and psycho emotional factors; neuroscience research; how patients can learn to control their pain; and the need for more commitment from governments and funding for pain management services and research. The program can be heard [here](#).

For further information, please contact [Meaghan Shaw](#), ANZCA Media Manager

## Upcoming Events

### Spring Meeting

2012 FPM Spring Meeting  
*'From a ripple to a wave – The rising tides in Pain medicine'*



The 2012 FPM Spring Meeting will be held at the beautiful Palmer Coolum Resort in the Noosa Shire of the Queensland Sunshine Coast from **28 – 30 October**. Registrations are now open for the Spring Meeting. Early bird registrations close on **Saturday day 1<sup>st</sup> September**. To register please see the website <http://www.fpm.anzca.edu.au/events/2012-spring-meeting>

## Courses, workshops and podcasts

### Online Teachers Course

The first pilot course of the online teacher course has begun and will continue through to September 2012. Participants will engage with a facilitator and be part of a series of webinars. The next course is expected to be available from mid- to late- September. For your chance to participate and find out more, [click here](#).

The online course is suitable for those interested in furthering their teaching skills, the rich content and activities presented will be engaging, informative and entertaining. Continuing professional

development (CPD) points are attainable with this course and there is no cost for participating. This course runs for eight weeks (four modules) and is open to all Fellows in Australia and New Zealand. This course has been designed for each module to be completed in a two week time frame with approximately two to four hours of work.

## Acute Pain Management in Paediatrics podcast

Dr Greta Palmer (MBBS, FANZCA, FPPMANZCA)

In this podcast, the content of the presentation has been produced to outline the following: (a) an approach to assessment of pain in a child and the developmentally appropriate tools to use (b) a description of the various drugs and analgesic techniques (systemic and regional) available with attention to dosing, highlighting off license use, and paediatric protocols (as used at the Royal Children's Hospital, Melbourne, and internationally) (c) how to facilitate cooperation of children including the use of non-pharmacological distraction techniques (which have a significant role in paediatrics).

Please [click here](#) to listen to the podcast.

## Dates to Remember

### Examination Dates

The 2012 examination venue has been confirmed as the Auckland City Hospital, New Zealand on **23-25<sup>th</sup> November 2012**. This is first time that the FPM examination will be held outside of Australia and we look forward to working with our New Zealand Fellows in hosting this event. The closing date for registrations is **Friday 5 October**.

### Pre-Examination Short Course

The 2012 Pre Exam Short Course will be held from 14 – 16 September 2012, at ANZCA/FPM Brisbane Regional Office- West End Corporate Park, River Tower, 20 Pidgeon Close, West End QLD 4101

Closing Date for Registration: **Friday 31 August**.

Registrations have now been circulated to all applicable trainees. Please contact the Faculty office if you did not receive this.

## Reminders

### Case Report

Trainees who have completed their structured period of training, but who have outstanding Case Reports requirements are encouraged to submit these reports for assessment.

### Quarterly In-Training Assessment Reports

Please submit any outstanding ITA reports. The form can be downloaded on the following link and needs to be completed by you and your Supervisor of Training and returned to the Faculty.

<http://www.fpm.anzca.edu.au/trainees/forms>



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## Feedback

If you would like to comment on the E-Newsletter or have any suggestions or contributions, please contact Jessica Stephens at [jstephens@anzca.com.au](mailto:jstephens@anzca.com.au)