

Voluntary assisted dying legislation in Victoria: what can we learn from the Netherlands experience?

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| Characteristics | 2016 | | 1998–2015 | | Total | |
|---|----------------|--------|----------------|--------|------------------|--------|
| | (N=133) | | (N=994) | | (N=1,127) | |
| Lethal medication | | | | | | |
| Secobarbital (%) | 86 | (64.7) | 582 | (58.6) | 668 | (59.3) |
| Pentobarbital (%) | 0 | (0.0) | 386 | (38.8) | 386 | (34.3) |
| Phenobarbital (%) | 39 | (29.3) | 17 | (1.7) | 56 | (5.0) |
| Other (combination of above and/or morphine) (%) | 8 | (6.0) | 9 | (0.9) | 17 | (1.5) |
| End of life concerns⁴ | | | | | | |
| | (N=133) | | (N=994) | | (N=991) | |
| Losing autonomy (%) | 119 | (89.5) | 906 | (91.6) | 1,025 | (91.4) |
| Less able to engage in activities making life enjoyable (%) | 119 | (89.5) | 888 | (89.7) | 1,007 | (89.7) |
| Loss of dignity (%) ⁵ | 87 | (65.4) | 680 | (78.8) | 767 | (77.0) |
| Losing control of bodily functions (%) | 49 | (36.8) | 475 | (48.1) | 524 | (46.8) |
| Burden on family, friends/caregivers (%) | 65 | (48.9) | 408 | (41.3) | 473 | (42.2) |
| Inadequate pain control or concern about it (%) | 47 | (35.3) | 249 | (25.2) | 296 | (26.4) |
| Financial implications of treatment (%) | 7 | (5.3) | 31 | (3.1) | 38 | (3.4) |
| Health-care provider present (collected since 2001) | | | | | | |
| | (N=133) | | (N=924) | | (N=1,057) | |