



SYNAPSE



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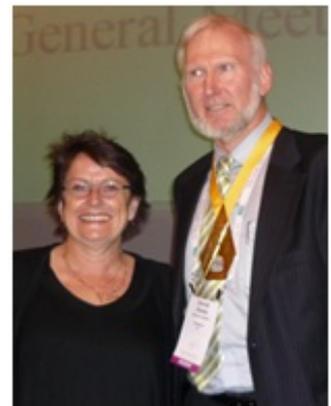


[Click here](#) to register to secure your place for the FPM 2010 Spring Meeting in Newcastle, 8-10 October.

### Faculty Board

The Faculty Board met in Christchurch on 29 April and the “new” Board met on 2 May for the purpose of appointing Office Bearer and Committee Chairs and their Membership “new” Board met on 2 May, to elect Vice-Dean, Portfolio Chairs, Committee Chairs and their Membership.

Dr Penny Briscoe handed over to the new Dean, Dr David Jones, following the AGM on the 2nd of May in Christchurch. Penny’s leadership and significant contributions to the Faculty during her time as Dean were acknowledged at the Faculty of Pain Medicine’s Annual Dinner and AGM. Penny will remain on the Board and will Chair the Fellowship Affairs Portfolio. David, as Dean, will now Chair the Relationships Portfolio. Dr Brendan Moore (Qld) was elected Dean-Elect and will continue to Chair the Trainee Affairs Portfolio. A/Prof Leigh Atkinson, as Treasurer, will continue to Chair the Resources Portfolio.



The Faculty Board will next meet on the 9th August 2010 in Melbourne.

### Office Bearers

Following the Board Meeting on May 2, Faculty Office Bearers were confirmed as follows:

#### Board Members

Dean: Dr David Jones (NZ)  
Vice Dean/Chair Training Unit Accreditation: Dr Brendan Moore (Qld)  
Assessor: Dr Frank New (Qld)  
Assistant Assessor: Dr Penny Briscoe (SA)  
Chair, Education Committee: Professor Ted Shipton (NZ)  
Chair, Examination Committee: Dr Ray Garrick (NSW)  
Chair, Research Committee: Dr Chris Hayes (NSW)  
Chair, CE&QA Committee: Dr Guy Bashford (NSW)  
Treasurer/ Scientific Meeting Officer: A/Prof Leigh Atkinson (Qld)  
Dr Carolyn Arnold (Vic)  
Dr Max Majedi (WA)  
Co-Opted Council Member: Dr Lindy Roberts (WA)

#### Other Officers

Deputy Scientific Meeting/ASM Officer:A/Prof Pam Macintyre (SA)  
Senior Editor, Pain Medicine:A/Prof Milton Cohen (NSW)

[Click here](#) for a full listing of Committee appointments.

## RELATIONSHIPS PORTFOLIO

### Corporate Affairs

#### National Pain Strategy

##### 39.1 million dollars for Persistent Pain Clinics in Queensland

On 8 June 2010, the Deputy Premier and Health Minister in Queensland, the Hon Paul Lucas, announced that Queensland Health would provide 39.1 million dollars to establish and fund persistent pain clinics in four public hospitals - the Gold Coast Hospital, the Princess Alexandra Hospital, the Nambour Hospital and the Townsville General Hospital.



For the past twenty years, Queensland public hospitals have been serviced by one pain clinic at the Royal Brisbane and Women's Hospital. Now, with the leadership of Professor Julia Fleming at the Royal Brisbane and Women's Hospital Pain Clinic, and with these additional clinics to be established in four of our other major public hospitals, there is every promise that we can develop new models of pain services in Queensland. Hopefully these will extend to community educational programmes and general practitioner educational programmes and involvement.

There are currently 950 patients on the waiting list at the Royal Brisbane and Women's Hospital Pain Clinic and 650 on the waiting list at the Princess Alexandra Hospital Pain Clinic.

The Government's budget for 2010/2011 now promises significant improvements in pain services in Queensland.

[Click here](#) for media release or [here](#) for Ministerial Media statement

#### National Pain Advocacy Body

Discussions are also in progress on the formation of a National Pain Advocacy body. ANZCA has indicated its support of the idea of a national pain body in principle and a detailed financial proposal is awaited for consideration.

An International Pain Summit is planned for 3rd September in Montreal following the IASP World Congress in that city.



#### FPM Director of Professional Affairs

The Faculty Board is pleased to announce the appointment of **A/Prof Milton Cohen, FRACP (NSW)** as its first Director of Professional Affairs. The Director of Professional Affairs FPM is responsible to the Dean and the FPM Board for the provision of professional advice on Faculty matters, particularly on policies as they relate to clinical and professional issues affecting the Fellowship.

#### Standardisation of Outcome Measures for Persistent Pain

A National Pain Outcome Initiative has been listed as one of the 12 key priorities of the

recently developed National Pain Strategy. This prioritisation is influenced by international recommendation [1] and the benefits to rehabilitation medicine and palliative care respectively of implementation of the Australian Rehabilitation Outcome Centre (AROC) and the Palliative Care Outcome Centre (PCOC). The focus on outcome measurement at this current time of health care reform also reflects the political importance of being able to clearly demonstrate the impact of pain management interventions. Despite prioritisation in the National Pain Strategy, there is no source of funding currently available for a large scale national outcome initiative. Therefore is however an opportunity to trial smaller scale pilot projects utilizing existing resources.

One such pilot is a collaborative outcome project currently underway at Caulfield Pain Management and Research Centre (CPM&RC) and Hunter Integrated Pain Service (HIPS). The research involves the analysis and benchmarking of quantitative data contained in questionnaires completed by study participants from January 2010 to January 2012. Information to be collected from questionnaires pre and post intervention includes:

1. Brief Pain Inventory (BPI) [2]
  - Pain Severity subscale as a measure of pain intensity
  - Pain Interference subscale as a measure of physical functioning
2. Kessler 10 (K10) as a measure of emotional functioning (Kessler and Mroczek, 1992, cited in [3])
3. Coping Strategies Questionnaire Short Form (CSQ-R)[4] as a measure of cognitive processes related to pain
4. Health service use in the past 3 months
5. Current medication use (Medication Quantification Rating Scale [5])
6. Additional information:
  - demographics (date of referral, date of birth, gender, postcode and compensable status)
  - time from referral to first intervention
  - number, type (individual/group) and hours of interventions provided
  - patient status (inpatient or ambulatory)
  - whether the client dropped out of treatment.

There is an opportunity for other interested centres to be involved in the project at either of two levels. At a formal research level, centres may opt to use the shared outcome measurement data set and participate, using their own resources, in the benchmarking process. This level of involvement would require application to their local research ethics committee. Alternatively, centres may simply choose to use the core outcome measures without being part of the formal benchmarking process. At this level of engagement a proposal to a local ethics committee would not be necessary.

For those who are interested in either level of involvement further information can be obtained from Meredith Jordan, Clinical Psychologist at Hunter Integrated Pain Service (Meredith.Jordan@hnehealth.nsw.gov.au).

Chris Hayes, Hunter Integrated Pain Service

Carolyn Arnold, Caulfield Pain Management and Research Centre

For full report [click here](#)

## Liaisons with Medical Colleges

### RACS

RACS Council has recently approved the development of a Section of Pain Medicine under their Fellowship Services section. This focus group for those interested in the

field, will allow the FPM Board to have an identified route for communications. Professor Leigh Atkinson will Chair the group, comprising 12-13 surgeons, which is expected to expand with time. Terms of Reference are currently being developed. Dr Graeme Campbell, Chair of the RACS Fellowship Services Committee, will be invited to attend a future Board Meeting to further develop opportunities for interaction.

The 2010 RACS ASC on the Gold Coast included a full training session on pain which was acknowledged by the Board as an enormous advance.

## TRAINEE AFFAIRS

### Education

#### **FPM Supervisor of Training Workshop**

On Thursday, April 29 a group of FPM Supervisors of Training (SOT's) participated in the ANZCA Teacher Course – Advanced Level. The one day workshop focused on 'Delivering Feedback' and was held at the Rydges Hotel in Christchurch, New Zealand. The SOT's participated in an interactive day which examined the essential elements in providing feedback to enhance learning. Through a range of hands on activities and discussions general principles for providing effective feedback were defined. Different models of feedback were critically analysed and the SOTs rehearsed techniques suitable to the context of pain medicine. For information and schedule for the ANZCA Teacher Course please [click here](#)



#### **FPM Supervisors of Training Agreement**

The Board approved a Supervisors of Training Agreement which sets out obligations of the Supervisor of Training in connection with FPM training. This document is to be signed upon the Training Unit Accreditation Committee's ratification of the SoT and then forwarded to the Faculty. The Faculty will then return a copy to the SoT for their records.

#### **Professional Documents**

The Board approved two new Professional Documents:

- PM7: Policy on Supervision of Clinical Experience for Vocational Trainees in Pain Medicine (designed to compliment PM5).
- PM 8: Policy on Trainee Illness and Disability

The Faculty also recently reviewed and updated the following Professional Documents:

- PM3 : Lumbar Epidural Administration of Corticosteroids
- PM5 : Policy for Supervisors of Training in Pain Medicine

To view these documents [click here](#).

### Training Unit Accreditation

Following successful reviews, Royal Perth Hospital (WA) and Flinders Medical Centre (SA) were re-accredited for training.

A Workshop for the Faculty's Panel of Reviewers, to be facilitated by the Cognitive Institute, will be held at ANZCA House on Saturday 7th August, in conjunction with the August Board Meeting.

### Trainee Lunch

The Faculty's Trainee Lunch during the ASM was a great success. The Dean (Dr Penny Briscoe), Vice-Dean (Dr David Jones) Assessor (Dr Frank New), Supervisor of SoTs (Dr Tim Semple), Chair of





Examinations (Dr Ray Garrick), Deputy Chair of Examinations (Dr Meredith Craigie) and the Executive Officer (Ms Helen Morris) were present to respond to questions about the training program. Faculty trainees, **Drs Max Sarma** (Tas) and **Kerry Thompson** (Vic), spoke about their Faculty training and examination experiences and provided valuable insight to current trainees.

## Exam Dates

### Examination Dates

24-26 November 2010

Barbara Walker Centre for Pain Management at St Vincent's Hospital, Melbourne, VIC

Closing Date for Registration: 8 October 2010

### Pre-Exam Short Course

13-15 October 2010

Royal Adelaide Hospital, SA

Closing Date for Registration: 1 October 2010

## FELLOWSHIP AFFAIRS

### New admissions

The following were admitted to Fellowship:

#### By examination and training:

Zamil Mehboob Karim, FANZCA (Vic)

Tania Lee Morris, FANZCA (Qld)

Jennifer Anne Stevens, FANZCA (NSW)

#### By examination:

Simon Jude Tame, FANZCA (NSW)

Jane Mary THOMAS, FANZCA (NZ)

#### By election.

Dr Anthony Thomas Davis, FRANZCP (SA)

Dr Susan Evans, FRANZCOG (SA)

Dr Thierry Vancaillie, FRANZCOG (NSW)



This takes the number of Fellows to 288. The Fellowship now includes three O&G Fellows, highlighting that people with a demonstrated interest and experience in pain medicine from other specialty groups are able to be accepted into the Faculty. This has reciprocal benefits in collaboration on the training of future generations of specialists, noting here that chronic pelvic pain is a huge chunk of practice in this area, with need for cross-specialty knowledge sharing.

## Honourary Fellowships

**Professor Andrew Somogyi** presented for conferment of Honorary Fellowship of the Faculty of Pain Medicine at the College Ceremony in Christchurch. A copy of the citation will be published in the June *Bulletin*.



## Associate Fellowship

Regulations for Associate Fellowship have now been finalised. Those who have completed the Training and Examination requirements of the Faculty, but who are not eligible for full Fellowship because they do not hold an approved Australian or New Zealand primary specialty Fellowship, will now be eligible for Associate Fellowship. Associate Fellowship will not be conferred before specialist registration is completed in the country of practice at the time of application. The agreed post-nominals will be AssocFFPMANZCA.

## Honours and Awards

Congratulations to **Professor Tess Cramond** (Qld) who was awarded Honorary Fellowship of the Faculty of Pain Medicine, College of Anaesthetists of Ireland.

### Deans Prize

The Faculty Dean's Prize and Free Papers session was held on Sunday the 2nd of May. The Dean's Prize is awarded for original work judged to be the most significant contribution to pain medicine and/or pain research presented by a trainee, or a Fellow within eight years of Fellowship. This year the prize was awarded and presented at the AGM to **Dr Rutha Nerlekar**, an ANZCA trainee based in South Australia, for her research paper "Placebo vs Nocebo Questioning for Pain Evaluation after Caesarean Section". Dr Nerlekar was awarded a certificate and a grant of \$1000 for educational or research purposes.



## Regional News

### Regional Committee Elections

FPM Regional Committees Following recent calls for nominations to the Queensland and New South Wales FPM Regional Committees, the Board endorsed the nominees as follows:

#### FPM QRC

Dr Paul Gray  
Dr Jason Ray  
Dr Richard Pendleton  
Dr Mark Tadros  
Dr Kathlen Cooke  
Dr Matt Bryant (co-opted Member)  
Dr Glen Sheh  
Dr Paul Wrigley

#### FPM NSW RC

Dr Charles Brooker  
Dr David Gorman  
Dr Lewis Holford  
Dr Martine Holford  
Dr Kok Khor  
Dr Marc Russo

Prof Leigh Atkinson, Drs Brendan Moore and Frank New will be *ex-officio* members of the FPM QRC and Drs Guy Bashford, Ray Garrick and Chris Hayes *ex-officio* members of the FPM NSW RC.

### Western Australia Regional Education Meeting

A WA Regional FPM Education Meeting will be held on Wednesday June 23 from 6.30

pm at The University Club of Western Australia followed by a Regional Committee meeting. Dinner and drinks will be provided. Please RSVP to [btoussaint@anzca.edu.au](mailto:btoussaint@anzca.edu.au) by Friday 11 June 2010

### South Australia – Progression in Pain Day



The Faculty, in conjunction with the Royal Australian College of General Practitioners hosted a continuing medical education day “Progression in Pain – From Hospital to Home” at The National Wine Centre of Australia, Adelaide on Saturday, May 29, 2010. More than 100 delegates came to hear invited speakers Dr Michael Fredrickson (anaesthetist, Auckland) and Dr Malcolm Dobbin (Public Health Physician, Senior Medical Advisor on Alcohol and Drugs to Mental Health and Drugs Division Victorian Department of Health) led the program.

## Continuing Education and Quality Assurance



### 2010 Refresher Course, ASM and Annual Dinner

More than 110 registrants attended the Refresher Course Day at the Rydges Hotel in Christchurch to hear 12 speakers give presentations on sessions titled “Pain and Empathy”, “Age, Gender and Pain”, “Regional Anaesthesia and Acute Pain” and “Clinical Applications of Advances in Research”. To view abstracts and presentations [click here](#). Thanks to all who participated.

The Faculty’s ASM Program was well attended with over 300 delegates attending the first concurrent session focusing on Acute Perioperative Pain. [Click here](#) to view abstracts from the Pain Program.

The Faculty Dinner was also an outstanding evening with good food, wine and fun. A highly entertaining talk was given by well known New Zealand media personality, Gary McCormick. The Christchurch Art Gallery provided a stunning architectural backdrop for the evening’s proceedings and dinner guests were able to enjoy the Gallery’s exhibits with their pre dinner drinks.



To view a selection of photos from the Refresher Course Day and Annual Dinner [click here](#). Or for a wrap up of the sessions of the Refresher Course Day please [click here](#)

### 2010 Spring Meeting

Registrations have commenced for the Spring Meeting in Newcastle on 8-10 October. The theme is “Transitions in Pain” with prominence given to the Models of Care sub-theme. Dr Cathy Price (Southampton, UK) is the International Visitor. [Click here](#) for the online registration brochure.

### Hong Kong CSM 2011 update

The 2011 Combined Scientific Meeting has officially been launched. Taking place in Hong Kong between 14 – 17 May 2011, CSM 2011 is a joint meeting between The Australian and New Zealand College of Anaesthetists, Faculty of Pain Medicine and The Hong Kong College of Anaesthetists. The theme of the meeting is “Seeking the

Dragon Pearl". Having been launched in Christchurch at the 2010 ASM with a spectacular lion dance, interest has already been extremely high by the Fellows of the College and the healthcare industry. Registrations are due to open in November 2010. For further information and regular updates [click here](#)



### **2011 Spring Meeting**

Drs Geoff Speldewinde and Guy Bashford will convene the 2011 Spring Meeting in Canberra. Dates, venue and meeting theme are yet to be confirmed. There is potential to make this a joint meeting with the musculoskeletal group and Occupational Rehabilitation Special Interest Group of the Australasian Faculty of Rehabilitation Medicine, however a MoU would need to be developed.

## **Other Meetings of Interest**

### **'Renaissance in Opioid therapy – striving for wisdom and safety'**

The New South Wales Regional Committee of the Faculty of Pain Medicine invites you to a dinner meeting to explore the numerous challenges presented by opioid therapy for pain management. Join us to update your knowledge and hear expert opinion in a peer discussion based around illustrative cases."

Date: Thursday 16 September 2010

Venue: Kam Fook Restaurant, Chatswood, Sydney

Time: 6.30pm

### **Basic Cervical And Lumbar Zygapophysial Joint Spinal Intervention Workshop**

Expressions of interest are being sought from Rehabilitation Fellows and Trainees interested in participating in a introductory hands-on cadaver-based workshop that is aimed to provide participants with the basic knowledge and skills to undertake diagnostic (and potentially therapeutic) cervical and lumbar zygapophysial joint medial branch nerve and intraarticular injection procedures. This Workshop carries the recommendation of the MSKPOR SIG of the AFRM, but is not as yet formally endorsed by the AFRM . The workshop will accommodate 6-18 participants over a full weekend in Sydney in September. The cost will be approximately \$3000 depending on the number of registrations. To register your interest or for more information please email [gspeld@capitalrehab.com.au](mailto:gspeld@capitalrehab.com.au)

### **ACHS workshops: July – December 2010. Registrations now open**

ACHS Education is pleased to announce the workshop calendar for July - December 2010 is now available on the ACHS website

Please [click here](#) for more information or email [educate@achs.org.au](mailto:educate@achs.org.au)

To view full list of pain related meetings that may be of interest please [click here](#).

## **Communication**

Pain Medicine has attracted significant media interest recently, including Dr [Penny Briscoe's interview](#) with Radio New Zealand's Nine to Noon Program and [Pain Summit](#) news coverage.

The Refresher Course Day and Annual Scientific Meeting received wide media coverage. To access , interviews and stories [click here](#).

A reminder to Fellows and Trainees that the communications department is keen to capture interesting and relevant stories and would love to know about specialists and trainees who may be engaged in interesting or different activities so we can "tell the stories". Please feel free to contact Nigel Henham ([NHenham@anzca.edu.au](mailto:NHenham@anzca.edu.au)).

## **Professional**

### **New Zealand Application for Specialty Recognition**

A draft report from the Education Committee of MCNZ was provided to the New Zealand National Committee of ANZCA during the ASM at Christchurch, for opportunity to comment. Processes have changed once again, however the Faculty has elected to remain with the previous process, as those requirements had been followed exactly in submissions to date. From the response received it was apparent that there had been mostly positive support from those they had consulted and that firm ground had been established for Pain Medicine being recognised as a separate vocational scope. Concerns raised in the draft report will be addressed in Stage II of the process once invited to enter. A response is expected shortly from the MCNZ Education Committee.

## RESOURCES



### New Book from IASP Press

#### Pharmacology of Pain - Available from ANZCA library

Pharmacology of Pain provides a complete review of the pharmacology of pain, including mechanisms of drug actions, clinical aspects of drug usage, and new developments. This authoritative book describes the different systems involved in the perception, transmission, and modulation of pain and discusses the available options for pharmacological treatment of pain. [More information](#)

## Fibromyalgia - An Update

The history of “fibrositis” syndrome/fibromyalgia (FM) in the modern era began in 1977 (1). A controversial but major step for research, rather than clinical medicine, was the publication of the ACR (American College of Rheumatology) 1990 criteria for the classification of FM (2). Just published are new preliminary diagnostic criteria by the ACR stated to be suitable for use in primary and specialty care, not requiring a tender point examination but providing a severity scale for characteristic FM symptoms (3, 4). Controversy is likely to continue. Also recently published is an ACR report on pain management (5).

To view full article [click here](#)

## Positions Available

To see positions that are currently being advertised please [click here](#)

## Synapse

We look forward to receiving any contributions which should be directed to Hayley Urriola at the Faculty Office ([hurriola@anzca.edu.au](mailto:hurriola@anzca.edu.au))

The Faculty of Pain Medicine (FPM) is the professional medical body in Australia and New Zealand that conducts the education, training, and continuing professional development of pain medicine specialists.

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[Women feel pain more than men, says survey](#) - Weekend Press - May 1